

Phelps County Resources

MOCA's vision is to be a catalyst for social and economic prosperity by being a vital, progressive and proactive partner in all our communities.

Organization Name:	Phone	Address	Description	
General				
<p>Choices for People Center www.choicesforpeoplecenter.org</p>	573-364-7444	1815 Forum Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Adult Residential Care Homes • Job Readiness • Vocational Assessment • Job Finding Assistance 	<ul style="list-style-type: none"> • Supported Employment • Adult Day Program • Life Skills/Social Skills Training • Attendant Services for People with Physical Disabilities/Personal Care
<p>Missouri Ozarks Community Action (MOCA) (Serves all 8 Counties) www.mocaonline.org</p>	573-765-3263 800-876-3264	306 South Pine Street Richland, MO 65556	<ul style="list-style-type: none"> • LiHEAP • Weatherization • HUD and Section 8 Housing • Life Skills Classes • Auto Repair Program • Getting Ahead • Youth Classes - R Rules • Certification Support • Computer Training 	<ul style="list-style-type: none"> • Disaster Preparedness • Poverty Simulations • Step Up to Leadership • Building Strong Families • Tackling the Tough Skills • Community Gardens • Pre-Weatherization • Health and Wellness • Community Outreach Support Program
<p>Red Cross (Serves Camden, Maries, Miller, Gasconade, Pulaski, Phelps and Crawford Counties) www.redcross.org</p>	573-635-1132	431 East McCarty Jefferson City, MO 65101	<ul style="list-style-type: none"> • Disaster Relief • CPR, First Aid, Lifeguard Training 	<ul style="list-style-type: none"> • Shelter • Food • Mental Health Services
<p>Rehabilitation Services for the Blind Office Mid-Missouri Region (Serves Camden, Miller, Maries, Pulaski, Gasconade and Phelps Counties) dss.mo.gov/fsd/rsb</p>	800-592-6004 Option 2	3418 Knipp Drive, Suite A-2 PO Box 919 Jefferson City, MO 65102	<ul style="list-style-type: none"> • Assessment of Barriers to Employment • Vocational Guidance and Counseling • Physical and Mental Health Services • Specialized Training to Enable the Individual to Function Independently and Safely in the Home and Community 	<ul style="list-style-type: none"> • Vocational Training and/or College Attendance • Employment-related Tools and Equipment • Specialized Assistive Aids and Devices • Job Placement and Follow-up • Vocationally-related Services for High School Students

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<p>The Patient Advocate Foundation (Serves all 8 Counties) www.patientadvocate.org</p>	800-532-5274	<p>Headquarters Hampton, VA 23666</p>	<ul style="list-style-type: none"> • Provides Access to Health Care • Free Prescription Medicines • Other Medical Assistance Case Management (One on One) to Resolve Healthcare Issues <p>Call to see if eligible for this Program</p> <ul style="list-style-type: none"> • Financial Aid Fund - Provides Small Grants Must Meet Financial and Medical Criteria. First Come, First Served. • Co Pay Relief Program - Help with Cost of Pharmaceutical and Medications and Treatments
<p>University of Missouri Extension in Phelps County extension2.missouri.edu/</p>	573-458-6260	<p>200 North Main Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Food Production Support Services • Community Gardening <ul style="list-style-type: none"> • Home Gardening Assistance/Supplies • Continuing & Nutrition Education • Parenting Skills Classes
Education			
<p>East Central College www.eastcentral.edu</p>	573-466-4100	<p>500 Forum Drive Rolla, MO 65401</p>	<ul style="list-style-type: none"> • GED/HiSET Instruction Mondays, Tuesday, Thursday and Fridays Instruction Only
<p>Missouri Adult Education Programs Rolla</p>	573-719-1323	<p>1304 East 10th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • GED/HiSET Instruction
<p>Parents as Teachers (Serves Rolla Public School District) www.rolla31.org</p>	573-458-0193	<p>500 A Forum Drive Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Mentoring

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Education			
ParentLink WarmLine (Serves all 8 Counties) education.missouri.edu/parentlink	573-882-7321 800-552-8522	4800 Santana Circle Columbia, MO 65201	<ul style="list-style-type: none"> • Direct Access to Family Strengthening Information and Support (Visit with Professionals who can Assist in thinking through Solutions to your Parenting Concerns. Have Professionals with Masters Degrees in Human Service Fields and Counseling Psychology). • WarmLine Available Monday through Friday 8:00 a.m. to 10:00 p.m. Saturday and Sunday 12:00 p.m. to 5:00 p.m.
Rolla Head Start www.mocaonline.org	573-364-8252	1811 East 10th Street Rolla, MO 65401	<ul style="list-style-type: none"> • Head Start Offers Full Day/Part Year Programs and Part Day/Part Year Programs • Children Must be Three Years Old by July 31st to Apply for the Upcoming School Year • Transportation Assistance is Available for Most Children
Rolla Technical Institute/Center rtirtc.rolla31.org	573-458-0150 Ext. 1503	1304 East 10th Room 500 Rolla, MO 65401	<ul style="list-style-type: none"> • Educational Opportunity in Trade & Technical Programs • Educational Opportunity on Allied Health Programs
St. James Head Start www.mocaonline.org	573-265-3257	1518 Lola Lane Street St. James, MO 65559	<ul style="list-style-type: none"> • Head Start Offers Part Day/Part Year Programs • Children Must be Three Years Old by July 31st to Apply for the Upcoming School Year • Transportation Assistance is Available for Most Children

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Organization Name:	Phone	Address	Description
Phelps County Emergency Coordinators			
Phelps County	Corporal Mike Kim	573-426-3841	500 West 2nd Street Rolla MO Disaster Response
Rolla	Griggs Matt	573-364-3989	1490 East 10th Street Rolla MO Disaster Response
St. James	Bruce Parton	573-265-7212	P.O. Box 600 St. James MO Disaster Response
Emergency			
Crawford Electric Operation Roundup (Must be a Crawford Electric Customer) www.crawfordelec.com/operationroundup	573-732-4415	10301 North Service Road Bourbon, MO 65441	Charitable Trust Assists with Basic Needs <ul style="list-style-type: none"> • Food • Shelter • Clothing • Health Care <ul style="list-style-type: none"> • CHARITABLE TRUST DOES <u>NOT</u> PAY POWER BILLS. • <u>MUST HAVE SERVICE WITH CRAWFORD ELECTRIC</u>
Family Advocacy Program (Serves Laclede, Miller, Phelps and Pulaski Counties) leonardwood.armymwr.com	573-596-0212	Replacement Avenue Bldg #486 Fort Leonard Wood, MO 65473	<ul style="list-style-type: none"> • Domestic Violence Resource • Battered Intervention Groups • Court/Legal Advocacy • Economic Education and Advocacy • Professional Therapy for Individual Children/Male Survivors/Individual Women <ul style="list-style-type: none"> • Hospital, Medical, Law Enforcement, and Military Advocacy • Primary Prevention • Support Groups for Children, Male Survivors, and Women
Family Support Division dss.mo.gov/offices.htm	855-373-4636	1111 Kingshighway A Rolla, MO 65401	<ul style="list-style-type: none"> • Specialized Nursing • Home Processing Unit • Food Stamps
First Baptist Church www.fbcrolla.org	573-364-3060	801 North Cedar St Rolla, MO 65401	<ul style="list-style-type: none"> • Coats • October - December Open 6:00 p.m. - 7:00 p.m. • January - September Call for an Appointment

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Emergency			
Genesis: A Place of New Beginnings (Serves Camden, Laclede, Miller, Phelps and Pulaski Counties) www.goodsam-genesis.org	Toll Free 877-774-2628 573-774-2628	PO Box 4177 Waynesville, MO 65583	<ul style="list-style-type: none"> • Safe shelter and services for victims of domestic violence, sexual assault and sex trafficking
Good Samaritan of the Ozarks 2 Locations (Serves Pulaski, Phelps Camden and Laclede Counties) www.goodsam-genesis.org	573-774-5011	1809 Historic Route 66 West Waynesville, MO 65583 Secondary Location 112 W. National Ave. Richland, MO 65556	<ul style="list-style-type: none"> • Food • Medical Equipment • Clothing • Limited Financial Assistance
GRACE (Greater Rolla Area Charitable Enterprises) www.gracerolla.org	573-368-5577	601 North Elm Street Rolla, MO 65401	<ul style="list-style-type: none"> • Food Ministry First Tuesday 3:00 - 6:00 pm • Utilities • Rent • Financial Emergency • Grace for Christmas
Kids Harbor Advocacy Center (Serves Camden, Laclede, Maries Miller, Phelps and Pulaski Counties) kidsharbormo.org	573-348-6886	5717 Chapel Drive Osage Beach, MO 65065	<ul style="list-style-type: none"> • Advocates on behalf of child • Mental Health Counseling • Transportation • Crisis intervention and emotional support for victims
Legal Aid of Southern Missouri lawmo.org	800-444-4863	809 North Campbell Avenue Springfield, MO 65802	<ul style="list-style-type: none"> • Family Law • Debt • Bankruptcy • Domestic Violence and Orders of Protection • Elder Law • Veterans Assistance • Employment Law • Landlord/Tenant Law
MERS/Goodwill (Serves Crawford, Gasconade, Maries, Camden and Phelps Counties) mersgoodwill.org	573-458-2285	1304 Forum Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Thrift Shop • Baby Clothing/Diaper Donation Program • Appliance Donation Programs • Bedding/Linen Donation Program • Books/Magazine Donation Program • Children Clothing/Baby Furniture/Toys/Games Donation Program

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Emergency			
Metamorphosis Outreach and Empowerment Center (MOEC) (Serves all 8 Counties)	573-336-2266	1018 Missouri Avenue Suite 7 St. Robert, MO 65584	<ul style="list-style-type: none"> • Washer and Dryer onsite for use • Food Pantry • Community Outreach Meal First Sunday of Month 12:00 p.m. - 2:00 p.m. The Spice Café 690 Mo Avenue, St. Robert, MO
Russell House (Serves Crawford, Maries and Phelps Counties)	573-364-0579 Hotline 573-578-8658 800-998-8340	PO Box 2259 Rolla, MO 65402	<ul style="list-style-type: none"> • Domestic Violence Resource • Battered Intervention Groups • Court/Legal Advocacy • Economic Education and Advocacy • Professional Therapy for Individual Children and Individual Women • Local Transportation • Motel Placement • Hospital, Medical, Law Enforcement Advocacy • Primary Prevention • Support Groups for Children and Women • Safe at Home Application Assistance • Shelter • Structured Program for Children
Rolla Church of the Nazarene www.rollanazarene.com	573-364-1901	1901 West 10th Street Rolla, MO 65401	<ul style="list-style-type: none"> • Emergency Food Pantry • Benevolence Funds
Rolla Public Library www.rollapubliclibrary.org	573-364-2604	900 Pine Street Rolla, MO 65401	<ul style="list-style-type: none"> • Extreme Heat/Cooling Centers
St. James Caring Center (Serves the St James School District)	573-265-2047	113 West Eldon St. James, MO 65559	<ul style="list-style-type: none"> • Benevolence Assistance • Food Pantry • Buddy Pack Monday-Friday 9:30 a.m. - 5:00 p.m. • Educational Life Skills Classes Monday - Friday 9:00 a.m. - 12:00 p.m.

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Emergency			
<p>SAFELINK (Serves all 8 Counties) www.safelinkwireless.com</p>	888-572-7931	<p>PO Box 220009 Milwaukie, OR 97269-0009</p>	<ul style="list-style-type: none"> • Free Cell Phone and Minutes Program
<p>Salvation Army stlsalvationarmy.org</p>	573-368-4919	<p>102 East 4th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Utilities • Rent • Medicine • Gas (for Car) <ul style="list-style-type: none"> • Clothing Assistance Monday-Friday 9:30 a.m. - 5:00 p.m. Saturday 10:00 a.m. - 5:00 p.m.
<p>Shelters (Serves all 8 Counties) www.homelessshelterdirectory.org</p>	573-635-1975 Ext #6	<p>927 Jefferson Street Jefferson City, MO 65105</p>	<ul style="list-style-type: none"> • Shelters located in Jefferson City, MO and Columbia, MO
<p>The Centre www.rollacentre.org</p>	573-341-2386	<p>1200 North Holloway Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Extreme Heat/Cooling Center
<p>The Rolla Mission www.therollamission.org</p>	573-308-5474	<p>708 N. Main St. Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Free Laundromat • Free Shower • 3 Free meals/day to those in need • Playroom for children <ul style="list-style-type: none"> • Free WiFi • Emergency overnight stay Nov. to March Hours: M-Thurs. 8am to 6pm Fri. 10am to 1pm Sun. 8am to Noon
Employment			
<p>MERS/Missouri Goodwill Industries Senior Community Service Employment Program (Serves all 8 counties) mersgoodwill.org</p>	314-750-8594	<p>514C Ft. Wyman Rd. Rolla MO 65401</p>	<ul style="list-style-type: none"> • Overcoming Barriers to Employment • Must be 55 or older • Meet 125% of poverty guidelines • 20 hours of pain employment training per week

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Employment			
Missouri Career Center (Serves Miller and Camden Counties) jobs.mo.gov	573-364-7030	706 South Bishop Rolla, MO 65401	<ul style="list-style-type: none"> • Employment and Training Services for Youth (14-21) • Adults (18+) & Dislocated Workers • Job Listings • HiSET Monday, Tuesday, Thursday 9:00 a.m. - 12:00 p.m. <ul style="list-style-type: none"> • Monday, Tuesday, Thursday and Friday 8:00 a.m. - 5:00 p.m. • Wednesday 9:00 a.m. - 5:00 p.m.
Missouri Job Center Verteran Employment Services	573-368-2354	1107 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Resume Assistance • Training Funding <ul style="list-style-type: none"> • Employment
Preferred Employment Services (Serves Pulaski, Crawford, Phelps, Gasconade, and Maries Counties) www.pfh.org	573-341-2606	1208 Highway 72 Box 8 Rolla, MO 65401	<ul style="list-style-type: none"> • Job Searching
Senior Companions Phelps County Court House www.phelpscounty.org	573-458-6180	200 North Main Suite 308 Rolla, MO 65401	<ul style="list-style-type: none"> • Volunteers age 55 and over provide assistance and Friendship to Adults who have Difficulty with Daily Living Tasks <ul style="list-style-type: none"> • Serve 15 to 10 Hours Per Week • Assist Average 2 to 4 Adults • May Quality to Earn a Tax-Free Hourly Stipend
Rolla Area Sheltered Workshop	573-364-2883	3900 Hypoint Blvd. Rolla MO 65401	<ul style="list-style-type: none"> • Sheltered Workshop - Employment Opportunities for Individuals with Disabilities
Vocational Rehabilitation (Serves Phelps, Maries, Pulaski, and Crawford Counties) dese.mo.gov/vocational-rehabilitation	573-368-2366	1101 West Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Assists Individuals with Disabilities Reach an Employment Goal

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Health			
A+ CDS, LLC	573-729-2100	PO Box 1000 1120 S. Main St. Salem, MO 65560	<ul style="list-style-type: none"> • Must have active Missouri Medicaid • Assistance with bathing/grooming/toileting • Equipment maintenance • Meal preparation • Homemaker chores • Transportation
Abundant Blessings Celebrate Recovery Program	573-364-1901	31 W. 3rd St. Newburg, MO	<ul style="list-style-type: none"> • Meets evry Friday at 6pm. • Meal is served • If you have a hurt, habit or hang up, they can help.
American Home Care (Serves Maries, Phelps, Pulaski, Crawford and Gasconade Counties) www.americanhomecare.us	573-364-3610 800-489-2273	1026 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Home Care • Personal Care • Errands • Respite Care • Nursing • Prescription Medication Monitoring System
CenterPointe of Rolla www.centerpointerolla.com	573-341-1473	1070 S. Bishop Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Offers a partial hospitalization program for adolescents. Specializing in mental health treatment and coping skills.
Children's Health Insurance Program (CHIP) (Serves all 8 Counties) www.insurekidsnow.gov	573-368-2340	1111 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • CHIP provides low-cost health coverage to children and families that earn too much money to qualify for MEDICAID. In some states, CHIP covers parents and pregnant women. Works closely with Medicaid program. In many cases, if you qualify for MEDICAID, your children will qualify for either MEDICAID or CHIP. • You can apply for Medicaid and CHIP two ways: <ol style="list-style-type: none"> 1. Fill out an application through the Health Insurance Marketplace. https://www.healthcare.gov/get-coverage/ 2. You can apply directly to your state Medicaid agency.

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Health			
<p>CLAIM (State Health Insurance Assistance Program) (Serves all 8 Counties) www.missouricclaim.org</p>	<p>800-390-3330 claim@primaris.org</p>	<p>1105 Lakeview Ave. Columbia, MO 65201</p>	<ul style="list-style-type: none"> • Answer Medicare Questions • Enrollment and Billing • Prescription Drug Plan • Long Term Care Planning and Insurance • Medigap and Supplemental Insurance <ul style="list-style-type: none"> • Medicare Advantage Plans • Public Benefits • Appeals and Grievances • Suspected Waste, Fraud and Abuse
<p>Community Mental Health Liaison www.mocoalition.org</p>	<p>573-634-4626</p>	<p>221 Metro Drive Jefferson City, MO 65109</p>	<ul style="list-style-type: none"> • Answer general questions about mental health <ul style="list-style-type: none"> • Facilitate access to behavioral health resources for existing clients.
<p>Dental Lifeline Network (Serves all 8 Counties) dentallifeline.org</p>	<p>573-636-4440</p>	<p>Statewide</p>	<ul style="list-style-type: none"> • For Disabled/Seniors/Medically Compromised • Fill Out Application and Mail, They will Call Back
<p>Department of Mental Health (Serves all 8 Counties) dmh.mo.gov</p>	<p>573-368-2200</p>	<p>105 Fairgrounds Road Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Mental Health Services • Day Services • Residential Services <ul style="list-style-type: none"> • Employment Services • Self-Directed Care • Transportation
<p>Direct Primary Care Clinic (Serves all 8 Counties) www.dpcareclinics.com</p>	<p>417-664-5054 573-933-0870</p>	<p>5780 Osage Beach Parkway Suite 215 Osage Beach, MO 65065</p>	<ul style="list-style-type: none"> • Membership gives you Unlimited Office Visits, Time with Physician, Unlimited Lab Draws, Nurse Visits, Same Day Appointments, Discounted Non-Emergent Home Visits <ul style="list-style-type: none"> • Offers Membership Plans for Individuals, Couples and Families • Check Web Site for Covered Procedures
<p>Four Rivers Community Health Center (Serves all 8 Counties) fourrivers.org</p>	<p>573-426-4455</p>	<p>1081 East 18th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Medication Management • Behavioral Care Resources • General Practice Health Care • Dental / The Smile Mobile • Medication assisted treatment program <ul style="list-style-type: none"> • Wellness Checks • Immunizations • Show Me Healthy Women • Physicals

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Health			
Health Care for Reentry Veterans (HCRV) www.va.gov/homeless/reentry	479-443-4301 ext. 65209	1100 N. College Ave. Fayetteville, AR 72703	This program provides support, information and resources to incarcerated Veterans and those interested in their well-being. • Substance Abuse Treatment • Medical Care • Homeless Resources • Mental Health Care • Transportation Resources • Work programs, Vocational training, and Educational Resources
Hope Connections Counseling hopeconnections.com	833-338-4673	401 N. Rolla St. Rolla, MO 65401	• Domestic Violence Groups • Anger Management Groups • Parent Education • Substance Abuse Groups • EMDR (Trauma) and Play Therapy
Integrity Pharmacy integritypharmacy.com	417-865-2900	509 S. Union Ave. Springfield, MO 65802	• In-Home consultation by Nurse Specialist to review medications and explain program • Hassle free transfer of prescriptions to pharmacy • Labeled, dated and timed 30 day supply of medications / Pre-sorted packaging is available / delivery to your home with no delivery fees • No additional cost beyond your co-pays • Monthly follow up calls and pharmacist support • Access to Nurse Specialist as a resource as long as you are on program
Jordan Valley Community Health Center (Serves all 8 Counties) www.jordanvalley.org/	417-334-8337	860 Lynn Street Lebanon, MO 65536	• Accepts Sliding Fee, Medicare, Medicaid, Insurance • Vision • Dental • Medical • Behavioral Health • Dietitian • On Site Walgreens Pharmacy • Trudi's Kids: Mobile Units Services • Express Care Clinic • Women's Health and Our Healthy Start
Kindred at Home Home Health Services	573-341-3456	1206 Homelife Plaza Rolla, MO 65401	• Skilled Nursing • Occupational Therapy • Specialty Programs • Physical Therapy • Speech Therapy • Social Services

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Health			
Lifeline Pregnancy Care Center (Serves Crawford, Phelps and Gasconade Counties) lifelinepcc.com	573-885-3040	1017 Westside Drive Cuba, MO 65453	<ul style="list-style-type: none"> • All Services are Free • Pregnancy Test • Ultra Sound (Limited 1st Trimester Ultrasounds) • Care Counseling • Facts on Pregnancy and Fetal Development • Parenting Classes • Maternity/Baby Clothes
Lions Club www.rollalions.org	Dale Carpenter 573-466-0218	1061 S. Bishop Ave. Rolla, MO 65401	<ul style="list-style-type: none"> •Eyeglasses
Missouri Southern State University www.mssu.edu	573-458-0101 Ext. 16116	500 Forum Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Dental Hygiene Services for anyone over the age of 5
Missouricare (must be enrolled in Medicaid) www.missouricare.com	Missouricare 800-322-6027 Medicaid 800-348-6627		<ul style="list-style-type: none"> • Weight Watchers • Curves Complete • Enhanced Transportation •Peak Flow Meters • Boy Scouts • Boys & Girls Clubs • Girl Scouts • 4-H Club • Vision Camp • Diabetes Camp • Childbirth & Breastfeeding Classes • Baby Showers • Breast Pump • Maternity Program • Nurses for Newborns • Maternity Support Hose & Support Belts
MOCOR Missouri Community Options & Resources (Serves all 8 Counties) mocar.mo.gov	855-834-8555		<ul style="list-style-type: none"> • Elderly and Disabled Missourians connect with Agencies that can Help a Person to Continue to Live in their Home and Avoid Going into Nursing Home or Other Institution
Partnership for Prescription Assistance (Serves all 8 Counties) www.pparx.org	888-477-2669	No Physical Address	<ul style="list-style-type: none"> • Get Free or Nearly Free Brand-Name Medicines for Low-income, Uninsured Patients

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Health			
<p>Pathways www.compasshealthnetwork.org</p>	<p>573-364-7551 573-364-0469</p>	<p>1450 East 10th Street Rolla, MO 65402</p>	<ul style="list-style-type: none"> • Crisis Intervention Counseling • Mental Health Issues
<p>Phelps County Care Coordinator</p>	<p>573-364-7255</p>	<p>1440 Forum Drive Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Personal Services to Elderly or Disabled Clients in their Residence • Case/Care Management • Skilled Services such as Nursing Social Services, and Therapeutic Treatments (Physical, Speech, Occupational Therapy)
<p>Phelps County Health Department (Serves Phelps and Maries) phelpscountyhealth.com</p>	<p>573-458-6010</p>	<p>200 North Main Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Immunizations • STD, TB and Lab Testing • WIC • Home Health Care • Women's Clinic • Wellness Checks • Free car seats to income qualified • Car seat inspections • Food Handling Classes • Free Vaccinations- ages 11 and older without Insurance (Menningococcal, Tdaps, Cervarix/HPV)
<p>Phelps Health Home Care (Serves: Rolla and Waynesville) phelpshealth.org</p>	<p>573-364-2425</p>	<p>575A Blues Lake Pkwy. Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Skilled Nursing Care • Physical Therapy • Home Health Aide • Speech Therapy • Occupational Therapy • Enrollment into affordable health care
<p>Senior Companions Phelps County Court House www.phelpscounty.org</p>	<p>573-458-6180</p>	<p>200 North Main Street Suite 308 Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Respite Care • Companionship • Transportation • Light Housekeeping
<p>Prevention Consultants preventionconsultants.org</p>	<p>573-368-4755</p>	<p>104 East 7th Street #B1 Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Drug and Alcohol Counseling • Workshops on Drug and Alcohol Abuse • Parenting Classes • Anger Management Mentoring Makes a Difference Program • Mental Health Issues • Mental Health First Aid
<p>Psychiatric Stress Center/Care Unit phelpshealth.org</p>	<p>573-341-2350</p>	<p>1000 W. 10th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Stress Management • Behavior Management • Anxiety Disorder • Psychiatric Assessment • Psychological evaluation

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Health			
<p>Pyramid Home Health Services (Serves all 8 Counties) www.caring.com/senior-care/missouri</p>	<p>800-695-5791 Medical Transportation Management</p> <p>800-603-4825 In-Home/CDS</p> <p>800-690-1753 Home Health</p>	<p>In-Home/CDS Rolla, MO Call Center</p> <p>Home Health Mid-Missouri Call Center</p>	<ul style="list-style-type: none"> • Medical Transportation Management • Care Transitions Management 24/7X365 Clinician Availability Telemonitoring including weight, pulse oximeter, EKG, and blood pressure • In Home Services • Consumer Directed Services - Your Own Caregiver • Home Health Nursing, OT, PT, Home Health Aide, Wound Healing Dieticians, Home Infusion, Telemonitoring and Speech Therapy <ul style="list-style-type: none"> • Pharmacy In Home Visits to Identify all Medications in the Home Free Home Delivery • Free Multi-Dose Packaging Ensures the Right Medication is Taken at the Right Time Accepts Medicare/Medicaid/Insurances Call to check for Insurance Companies Coverage
<p>Rolla Family Clinic (Serves all 8 Counties) www.rollafamilyclinic.com</p>	<p>573-426-5900</p>	<p>1060 South Bishop Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Walk In No Appointment • Hours Monday through Friday 9:00 a.m. - 9:00 p.m. • X-Rays and Ultrasounds • Laceration Repair <ul style="list-style-type: none"> • Immunizations • DOT Physicals • Any Illness or Injury • Cheaper and Faster than Emergency Room
<p>Rolla Family Dentistry</p>	<p>573-364-1599</p>	<p>1701 E. 10th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Preventive Care • Fillings • Dentures <ul style="list-style-type: none"> • Crowns • Extractions • Bridgework
<p>Rolla Pregnancy Resource Center (Serves Maries, Pulaski, Phelps and Gasconade Counties) www.prcrolla.com</p>	<p>573-368-5700</p>	<p>1210 East Route 72 Rolla, MO 65401</p>	<ul style="list-style-type: none"> • Free- Pregnancy Tests • Ultra Sounds • Counseling Services • Post-abortive Counseling <ul style="list-style-type: none"> • Diapers • Baby Boutique • Parenting Classes

Phelps County Resources

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Organization Name:	Phone	Address	Description
Health			
Rolla Presbyterian Manor www.rollapresbyterianmanor.org	573-364-7336	1200 Homelife Plaza Rolla, MO 65401	<ul style="list-style-type: none"> • Independent Living • Health Care and Memory Care • Assisted Living
RX Assist (Serves all 8 Counties) www.rxassist.org	Web page only	No Physical Address	<ul style="list-style-type: none"> • Program that can help the Uninsured get Needed Prescriptions at Low Cost or for Free
Social Security Administration (Serves Phelps, Crawford, and Pulaski Counties) www.ssa.gov	800-551-2056	1813 East 10th Street Rolla, MO 65401	<ul style="list-style-type: none"> • Retirement • Medicare Part D Application • Disability • Medicare and Social Security Cards
Southeast Missouri Behavioral Health semobh.org	573-364-8511	1051 Kingshighway #5 Rolla, MO 65401	<ul style="list-style-type: none"> • Treatment for chemical dependencies, emotional problems, psychiatric disorder & other life crisis
The Community Partnership (Serves Gasconade, Crawford, Maries, Pulaski and Phelps Counties) thecommunitypartnership.org	573-368-2849	1101 Hauck Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Young Parents • Capable Kids and Families • Independent Living • Early Care and Education • Linking Hearts Adoption Fair • Partnership Resale Shop • Linking Adoption - Yearly • Fostering Program
Three Rivers Hospice www.3rivershospice.com	573-674-1127	217 US Hwy 63 Licking, MO 65542	<ul style="list-style-type: none"> • 24/7 Compassionate Care • Specialized Hospice Nurses • Caregiver and Family Support
Tri- County Center for Independent Living (Serves Pulaski and Phelps Counties) www.tricountycenter.com	573-368-5933	1420 Highway 72 E Rolla, MO 65401	<ul style="list-style-type: none"> • Advocacy • Ramp/Home Modifications • Equipment Loan • In-Home Services • Disability Awareness • Peer Support

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Organization Name:	Phone	Address	Description
Health			
Tri- Rivers Family Planning (Serves Phelps and Gasconade Counties) www.tririversfamilyplanning.org	573-364-1509	1032 B Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Pregnancy Tests • Birth Control (Including Plan B) • Well - Woman Exams • Pap Smears • Test and Treatments for STI's <ul style="list-style-type: none"> • Vaginal Infections & Urinary Tract Infections • Community Education • Links to other Health & Social Services Providers
Housing			
Esther's House (Serves all 8 Counties)	573-646-3293	PO Box 984 Belle, MO 65013	<ul style="list-style-type: none"> • For Women ages 18 - 50, all Backgrounds • Faith Based Residential Program <ul style="list-style-type: none"> • Struggling with Controlling Issues such as Alcohol and Drug Addictions, Depression, Self-Harm and Aftermath of Physical and Sexual Abuse
Forum Manor Apartment	573-364-5831	1900 Farrar Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Low Income Apartments
Geneva House (Serves all 8 Counties)	573-762-9931	180 Highway T Newburg, MO 65550	<ul style="list-style-type: none"> • Men Only Homeless Shelter • Winter Months Only (October - April/May)
Lighthouse Mission (Serves All 8 Counties) www.lhministry.org	573-836-5332	20 Show Me Lane Camdenton, MO 65020	<ul style="list-style-type: none"> • Transitional Housing • Recovery Support Services • Reentry Coordination
Meramec Regional Planning Commission (Serves Crawford, Gasconade, Phelps and Maries Counties) www.meramecregion.org	573-265-4200	4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> • Low Rent Housing • HUD <ul style="list-style-type: none"> • Applications accepted in the St. James office on the 1st and 3rd Wednesday 8am to 4pm.

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Organization Name:	Phone	Address	Description
Housing			
Rolla Apartments	573-364-6820	1101 Mccutchen Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Low Income Apartments 62+ • Under 62 may have to be on waitlist
Rolla Housing Authority www.publichousing.com	573-364-6460	1440 Forum Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Low Income Apartments • Public and Housing Choice Voucher (Section 8)
State Veterans Home St. James www.nasvh.org	573-265-3271	620 North Jefferson St. James, MO 65559	<ul style="list-style-type: none"> • Veteran Homes
USDA Rural Development (Farm Service Agency Serves all 8 Counties) www.rd.usda.gov/mo	573-364-1479	1050 Hwy 72E Rolla, MO 65401	<ul style="list-style-type: none"> • 502 Housing Loan Program • 504 Repair Loans and Grants <ul style="list-style-type: none"> - Home Repairs - ADA Accessible Issues (Ramps)
Income			
Child Support Enforcement dds.mo.gov	573-368-2250	1111 Kingshighway Suite D Rolla, MO 65401	<ul style="list-style-type: none"> • Child Support Enforcement
United Way of South Central Missouri www.unitedwaycemo.org	573-364-3577	1311 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Community Funds • Fundraising and Resource Development Support
Nutrition / Food Pantries			
Abundant Blessings Food Distribution - Newburg, MO	573-762-2955	First Baptist Church 5245 Walnut St. Newburg, MO	<ul style="list-style-type: none"> • Need proof of living in Phelps County • Distribution is the Saturday following the 3rd Wednesday 10am - 12pm • Must bring your own food containers
Golden Age Center	573-265-7072	1500 West Springfield St. James, MO 65559	<ul style="list-style-type: none"> • Delivers Homebound Once Week (Covers one Week Worth of Meals) • Hot Nutritional Meal • Congregate • Nutritional Classes

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Organization Name:	Phone	Address	Description
Nutrition / Food Pantries			
GRACE (Greater Rolla Area Charitable Enterprises) www.gracerolla.org	573-368-5577	601 North Elm Street Rolla, MO 65401	<ul style="list-style-type: none"> • Food Ministry First Tuesday 3:00 - 6:00 pm • Utilities • Rent <ul style="list-style-type: none"> • Financial Emergency • Grace for Christmas
Greentree Christian Church greentree-rolla.org	573-364-2649	800 Greentree Road Rolla, MO 65401	<ul style="list-style-type: none"> • Food Pantry • Must Show Proof of Address • Rolla Area Only <ul style="list-style-type: none"> • Food Distribution Call for date and time
Mobile Food Pantry Southern Cherokee Tribe	573-474-1020	South Central Shrine Club County Road 5200 Rolla, MO 65401	<ul style="list-style-type: none"> • Food Distribution 1st Friday of Every Month • 10am - 12pm • Must bring your own food containers <ul style="list-style-type: none"> • Photo ID, proof of address, Social Security Cards for each family member in household
Newburg R-II School newburg.k12.mo.us	573-762-3030	701 Wolf Pride Drive Newburg, MO 65550	<ul style="list-style-type: none"> • Summer Food Service Program • Summer School
Phelps County Faith Distribution Grace Church of Rolla www.phelpscountyfood.org	573-368-3040	12640 US Hwy 63 S Rolla, MO 65401	<ul style="list-style-type: none"> • Food Distribution: 1st Wednesday or 3rd Saturday of the Month • 8:30 a.m. - 9:30 Seniors Only • 9:30 a.m. - Noon Everyone Else <ul style="list-style-type: none"> • Rolla, Edgar Springs and Newburg School Districts Only • Must bring your own food containers
Rolla Nutrition Site	573-341-2929	1440 Forum Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Meals on Wheels (60 years old and Homebound) • Congregate <ul style="list-style-type: none"> • 60 Year Old Hot Nutritional Meal at Center
St. James Middle School stjsschools.org	573-265-2300	#1 Tiger St. James, MO 65559	<ul style="list-style-type: none"> • Summer Food Service Program • Summer School
Visions Unlimited Food Pantry (Serves Miller, Laclede, Pulaski, Camden and Phelps Counties)	573-392-5844	476 Highway Y Eldon, MO 65026	<ul style="list-style-type: none"> • Food Assistance

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Organization Name:	Phone	Address	Description
Transportation			
Ability Express LLC	573-677-5006	571 Dotson Road Cuba, MO 65453	
Cardinal Transport Services, LLC www.cardinaltransports.com	573-201-6625		<ul style="list-style-type: none"> • Call for information on fees.
DCAI - Disabled Citizens Alliance for Independence dcai.us	573-244-3315 888-450-4288		<ul style="list-style-type: none"> • Free for Medicaid patients with disabilities • Call for to see if eligible
Logisticare (Serves all 8 Counties) www.logisticare.com	866-269-5927	Call Center in St. Louis, MO	<ul style="list-style-type: none"> • Free if Client has Medicaid. Only for Medical Appointments • Must Give 5 Day Notice • Provide Pick-up Address • Provide Drop Off Address • Name of Health Care Provider <ul style="list-style-type: none"> • Provide Time of Appointment • Provide Medicaid Number • Can Request SKT Transportation
MO Rides - Meramec (Serves all 8 Counties) morides.org	573-265-2993	Meramec Regional Planning Commission 4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> • Works with Existing Transportation Providers • Will Arrange Transportation Throughout the Service Area • Clients calls MO Rides for the cost of the trip (if any) then pays Transportation Company of their Choice for Ride <ul style="list-style-type: none"> • Transportation for: Ride to Work, Medical Appointments, Shopping, Church or Anywhere Client Wishes
MTM - Medical Transportation Management, Inc. www.mtm-inc.net	636-561-5686		<ul style="list-style-type: none"> • Free for Medicaid patients • Call to verify eligibility
Phelps Health - Courtesy Van phelpshealth.org	573-341-8278 573-458-7962		<ul style="list-style-type: none"> • Non-emergency medical transport for riders in a 30 mile radius of Rolla • 4 day recommended prior notice for ride

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Organization Name:	Phone	Address	Description
Transportation			
<p style="text-align: center;">Saferide (Serves all 8 counties) www.saferidesllc.com</p>	866-269-5927	No Physical Address	<ul style="list-style-type: none"> • Call to make an appointment • Must have medicaid
<p>Southeast Missouri Transportation Service (Serves Phelps and Crawford Counties) www.ridesmts.org</p>	573-364-7687	1008 Holloway Street Rolla, MO 65401	<ul style="list-style-type: none"> • Transportation Schedules on Web page • Call Monday - Friday 8:00 a.m. to 11:00 a.m. • Transportation Services Runs Between 9:00 a.m. - 2:00 p.m. • Cost based on locations <ul style="list-style-type: none"> • Medical Appointments take Precedence over all Other Trips • Long Distance Medical Service MUST be scheduled at least two days in Advance & Must Have at Least 3 Riders to Make the Trip