

# Crawford County Resources

MOCA's vision is to be a catalyst for social and economic prosperity by being a vital, progressive and proactive partner in all our communities.

Organization Name:	Phone	Address	Description
<b>General</b>			
Aging Best (CMAAA) (Serves all 8 Counties) <a href="http://agingbest.org">agingbest.org</a>	573-433-5823 800-369-5211	201 W. Broadway Suite 1E Columbia, MO 65203	<ul style="list-style-type: none"> <li>• Transportation</li> <li>• Caregiver Support</li> <li>• Care Coordination</li> <li>• Consumer Counseling</li> <li>• Medicare</li> <li>• ACA Health Insurance</li> </ul> <ul style="list-style-type: none"> <li>• Information and Assistance</li> <li>• Respite Care</li> <li>• Senior Centers</li> <li>• Meals on Wheels</li> <li>• Noon Senior Lunch</li> </ul>
AT&T ACCESS (Serves all 8 Counties) <a href="http://accessatt.solixcs.com">accessatt.solixcs.com</a>	None		<ul style="list-style-type: none"> <li>• Pay Bills Online</li> <li>• Access Online Courses</li> </ul> <ul style="list-style-type: none"> <li>• Conduct Research for Homework Assignments</li> <li>• Search for Jobs</li> </ul>
Catholic Charities of Central and Northern Missouri <a href="http://diojeffcity.org">diojeffcity.org</a>	573-635-7719	2201 W. Main Jefferson, MO 65110	<ul style="list-style-type: none"> <li>• Call to make intake appointment</li> <li>• Rent/utility/basic needs assistance</li> </ul> <ul style="list-style-type: none"> <li>• Household Goods</li> </ul>
Children's Advocacy Center of East Central Missouri (Serves Crawford and Gasconade Counties) <a href="http://www.comtrea.org">www.comtrea.org</a>	636-586-1806	14 South Washington Avenue Union, MO 63084	<ul style="list-style-type: none"> <li>• Forensic Interviews</li> <li>• Advocacy</li> <li>• Referrals and Training</li> <li>• Training and Coordination</li> </ul> <ul style="list-style-type: none"> <li>• Case Review/Case Tracking</li> <li>• Community Awareness and Education</li> <li>• Medical Examinations</li> </ul>
Disabled Citizens Alliance (DCAI) <a href="http://dcai.us/web">dcai.us/web</a>	573-244-3315	8 Missouri Avenue PO Box 675 Viburnum, MO 65566	<ul style="list-style-type: none"> <li>• Independent Living Services</li> <li>• Education</li> <li>• GED HiSET services Monday-Thursday 1:00pm-3:00pm</li> </ul> <ul style="list-style-type: none"> <li>• Consumer Directed Services</li> <li>• Emergency Food</li> <li>• If disabled, DCAI will go out and see them to provide GED classes (Disability can be learning disability or physical disability)</li> </ul>
Heartland Independent Living Center (Serves Gasconade and Maries Counties) <a href="http://www.heartlandilc.org">www.heartlandilc.org</a>	573-437-5100 866-322-3224	1010 Highway 28 Owensville, MO 65506	<ul style="list-style-type: none"> <li>• Advocacy</li> <li>• Ramp/Home Modifications</li> <li>• Consumer directed services</li> <li>• TAP phone services</li> </ul> <ul style="list-style-type: none"> <li>• Equipment Loan</li> <li>• Disability Awareness</li> <li>• In-Home Services</li> <li>• Peer Support</li> <li>• Guardian Alert System</li> </ul>

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Missouri Ozarks Community Action (MOCA) (Serves all 8 Counties) <a href="http://www.mocaonline.org">www.mocaonline.org</a>	573-765-3263 800-876-3264	306 South Pine Street Richland, MO 65556	<ul style="list-style-type: none"> <li>• LiHEAP</li> <li>• Weatherization</li> <li>• HUD and Section 8 Housing</li> <li>• Life Skills Classes</li> <li>• Auto Repair Program</li> <li>• Getting Ahead</li> <li>• Youth Classes - R Rules</li> <li>• Certification Support</li> <li>• Computer Training</li> </ul>	<ul style="list-style-type: none"> <li>• Disaster Preparedness</li> <li>• Poverty Simulations</li> <li>• Step Up to Leadership</li> <li>• Building Strong Families</li> <li>• Tackling the Tough Skills</li> <li>• Community Gardens</li> <li>• Pre-Weatherization</li> <li>• Health and Wellness</li> <li>• Community Outreach Support Program</li> </ul>
Red Cross (Serves Camden, Maries, Miller, Gasconade, Pulaski, Phelps and Crawford Counties) <a href="http://www.redcross.org">www.redcross.org</a>	573-635-1132	431 East McCarty Jefferson City, MO 65101	<ul style="list-style-type: none"> <li>• Disaster Relief</li> <li>• CPR, First Aid, Lifeguard Training</li> </ul>	<ul style="list-style-type: none"> <li>• Shelter</li> <li>• Food</li> <li>• Mental Health Services</li> </ul>
Rehabilitation Services for the Blind Office Mid-Missouri Region (Serves Camden, Miller, Maries, Pulaski, Gasconade and Phelps Counties) <a href="http://dss.mo.gov/fsd/rsb">dss.mo.gov/fsd/rsb</a>	800-592-6004 Option 6	3867 Magnolia Avenue St. Louis, MO 63110	<ul style="list-style-type: none"> <li>• Assessment of Barriers to Employment</li> <li>• Vocational Guidance and Counseling</li> <li>• Physical and Mental Health Services</li> <li>• Specialized Training to Enable the Individual to Function Independently and Safely in the Home and Community</li> </ul>	<ul style="list-style-type: none"> <li>• Vocational Training and/or College Attendance</li> <li>• Employment-related Tools and Equipment</li> <li>• Specialized Assistive Aids and Devices</li> <li>• Job Placement and Follow-up</li> <li>• Vocationally-related Services for High School Students</li> </ul>
The Patient Advocate Foundation (Serves all 8 Counties) <a href="http://www.patientadvocate.org">www.patientadvocate.org</a>	800-532-5274	Headquarters Hampton, VA 23666	<ul style="list-style-type: none"> <li>• Provides Access to Health Care</li> <li>• Free Prescription Medicines</li> <li>• Other Medical Assistance Case Management (One on One) to Resolve Healthcare Issues</li> </ul> <p>Call to see if eligible for this Program</p>	<ul style="list-style-type: none"> <li>• Financial Aid Fund - Provides Small Grants Must Meet Financial and Medical Criteria. First Come, First Served.</li> <li>• Co Pay Relief Program - Help with Cost of Pharmaceutical and Medications and Treatments</li> </ul>
University of Missouri Extension in Crawford County <a href="http://extension2.missouri.edu/">extension2.missouri.edu/</a>	573-775-2135	302 North Main Street Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Community Gardening</li> <li>• Continuing Education</li> <li>• Home Gardening Assistance/Supplies</li> </ul>	<ul style="list-style-type: none"> <li>• Nutrition Education</li> <li>• Parenting Skills Classes</li> </ul>

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<b>Education</b>			
Crawford County Head Start <a href="http://www.mocaonline.org">www.mocaonline.org</a>	573-885-2696	100 Hood Park Drive Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Head Start Offers Part Day/Part Year Programs</li> <li>• Children Must be Three Years Old by July 31st to Apply for the Upcoming School Year</li> <li>• Transportation Assistance is Available for Most Children</li> </ul>
East Central College Adult Education and Literacy Program <a href="http://www.eastcentral.edu">www.eastcentral.edu</a>	844-322-4235	1964 Prairie Dell Rd Union, MO 63084	<ul style="list-style-type: none"> <li>• All classes are free with books and materials while you are in enrolled in class</li> <li>• Classes prepare you for the High School Equivalency Test (HiSET)</li> </ul>
ParentLink WarmLine (Serves all 8 Counties) <a href="http://education.missouri.edu/parentlink">education.missouri.edu/parentlink</a>	573-882-7321 800-552-8522	4800 Santana Circle Columbia, MO 65201	<ul style="list-style-type: none"> <li>• Direct Access to Family Strengthening Information and Support (Visit with Professionals who can Assist in thinking through Solutions to your Parenting Concerns. Have Professionals with Masters Degrees in Human Service Fields and Counseling Psychology).</li> <li>• WarmLine Available Monday through Friday 8:00 a.m. to 10:00 p.m. Saturday and Sunday 12:00 p.m. to 5:00 p.m.</li> </ul>
Presbyterian Church HiSET	573-885-7293	701 Northwest Main Street Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Free HiSET Tutoring Monday and Wednesdays 5:00 p.m. - 8:00 p.m.</li> </ul>
<b>Crawford County Emergency Coordinators</b>			
Bourbon	Leroy Schebaum	573-732-5550	PO Box 164/423 N. Old Hwy 66 Bourbon MO Disaster Response
Crawford County	Lesa Mizell	573-885-3355	904 W. Washington Cuba MO Disaster Response
Cuba	Rodney Neff	573-885-7432	202 N. Smith St. Cuba MO Disaster Response

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<b>Emergency</b>			
Bourbon Ministerial Alliance	573-732-9956	109 Pine Street Bourbon, MO 65441	<ul style="list-style-type: none"> <li>• Utility Assistance</li> <li>• Medicine</li> <li>• Gas</li> </ul>
Bourbon Ecumenical Community Corporation (Must be in the Bourbon and Leasburg School District)	573-732-4888	Physical Address: 319 East Pine Bourbon, MO 65441 Mailing Address: PO Box 1031 Bourbon, MO 65441	<ul style="list-style-type: none"> <li>• Food Bank Every Saturday 9:00 a.m. - 12:00 p.m.</li> <li>• Prescription Drugs Maximum \$50.00 One Time</li> <li>• Emergency Electric</li> <li>• Bourbon Police Department Provides Motel for Homeless</li> <li>• Emergency Water</li> <li>• Bourbon Police Department Provides Gas Vouchers Limited to \$35.00</li> <li>• Emergency Rent</li> <li>• Emergency Propane</li> <li>• Gas Money</li> </ul>
Crawford Electric Operation Roundup (Must be a Crawford Electric Customer) <a href="http://www.crawfordelec.com/operationroundup">www.crawfordelec.com/operationroundup</a>	800-677-2667	10301 North Service Road Bourbon, MO 65441	<ul style="list-style-type: none"> <li>• Must Fill Out Application for Utility Assistance</li> <li>• One Time Assistance</li> <li>• Emergency Service (Board Meets Once a Month to Review)</li> </ul>
Crisis Pregnancy Center (Serves Miller, Camden and Crawford Counties) <a href="http://pregnancyhelpcenters.org">pregnancyhelpcenters.org</a>	573-374-1144	148 Elks Lane Laurie, MO 65038 747 North Business Hwy 5 Camdenton, MO 65020	<ul style="list-style-type: none"> <li>• Maternity House</li> </ul>
Cuba Ministerial Alliance Food Pantry	573-885-6703	302 W. Spencer Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Food Thurs. 8:00am - 12:00pm</li> <li>• Thurs. 3:30pm - 6:00pm</li> <li>• Friday 8:00am - 12:00pm</li> <li>• Fire Help (furniture if have)</li> <li>• Baby Items</li> <li>• Utilities</li> <li>• Commodities</li> <li>• Medicine</li> <li>• CLOSED: 3rd Thursday Due to the City wide Meal at Lions Club 4:30 p.m. - 6:30 p.m.</li> <li>• Clothes</li> <li>• Gas</li> <li>• Thrift Shop</li> </ul>

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<b>Emergency</b>			
Eagle Flight Ministries/Shop	573-775-3660 573-775-4664	109 North 1st Street PO Box 156 Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Emergency Clothing</li> <li>• Emergency Food</li> <li>• Utilities- When Funding is Available</li> </ul> <ul style="list-style-type: none"> <li>• Transportation- When Available</li> </ul>
Family Support Division <a href="https://dss.mo.gov/offices.htm">dss.mo.gov/offices.htm</a>	573-368-1348 573-775-2146	272 Cushing Road PO Box 310 Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Food Stamps/SNAP Applications</li> <li>• Medicaid</li> <li>• TANF</li> <li>• Blind Pension</li> <li>• Child Care Expense Assistance</li> <li>• TANF/Medicaid/SNAP Appeals</li> </ul> <ul style="list-style-type: none"> <li>• Qualified Medicare Beneficiary</li> <li>• Specified Low-Income Medicare Beneficiary</li> <li>• Government Subsidized Prescription Drug Benefits</li> </ul>
Grace's Place Crisis Nursery <a href="https://gracesplacecrisisnursery.com">gracesplacecrisisnursery.com</a>	636-432-1313	302 Lafayette St. Washington, MO 63090	<ul style="list-style-type: none"> <li>• 30 day crisis stay</li> </ul> <ul style="list-style-type: none"> <li>• 30 hours/month respite care</li> </ul>
Leasburg Ministerial Alliance	573-732-9956	6235 Highway H Leasburg, MO 65535	<ul style="list-style-type: none"> <li>• Utility Assistance</li> <li>• Medicine</li> <li>• Gas</li> </ul> <ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Firewood (No Propane, No Rent)</li> </ul>
Legal Aid of Southern Missouri <a href="https://lawmo.org">lawmo.org</a>	1-800-444-4863	809 North Campbell Avenue Springfield, MO 65802	<ul style="list-style-type: none"> <li>• Family Law</li> <li>• Debt</li> <li>• Bankruptcy</li> <li>• Domestic Violence and Orders of Protection</li> </ul> <ul style="list-style-type: none"> <li>• Elder Law</li> <li>• Veterans Assistance</li> <li>• Employment Law</li> <li>• Landlord/Tenant Law</li> </ul>
Metamorphosis Outreach and Empowerment Center (MOEC) (Serves all 8 Counties)	573-336-2266	1018 Missouri Avenue Suite 7 St. Robert, MO 65584	<ul style="list-style-type: none"> <li>• Washer and Dryer onsite for use</li> <li>• Food Pantry</li> </ul> <ul style="list-style-type: none"> <li>• Community Outreach Meal First Sunday of Month 12:00 p.m. - 2:00 p.m. The Spice Café 690 Mo Avenue, St. Robert, MO</li> </ul>
Phelps County Family Crisis Services, Inc. (Serves Crawford, Maries and Phelps Counties) Russell House <a href="https://pcfcs.org">pcfcs.org</a>	573-364-0579 573-201-4102 Vienna 573-364-0222 Phelps Hotline	PO Box 2259 Rolla, MO 65402	<ul style="list-style-type: none"> <li>• Domestic Violence Resource</li> <li>• Battered Intervention Groups</li> <li>• Court/Legal Advocacy</li> <li>• Economic Education and Advocacy</li> <li>• Professional Therapy for Individual Children and Individual Women</li> <li>• Local Transportation</li> <li>• Motel Placement</li> </ul> <ul style="list-style-type: none"> <li>• Hospital, Medical, Law Enforcement Advocacy</li> <li>• Primary Prevention</li> <li>• Support Groups for Children and Women</li> <li>• Safe at Home Application Assistance</li> <li>• Shelter</li> <li>• Structured Program for Children</li> </ul>

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<b>Emergency</b>			
SAFELINK (Serves all 8 Counties) <a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a>	888-572-7931	PO Box 220009 Milwaukie, OR 97269-0009	<ul style="list-style-type: none"> <li>• Free Cell Phone and Minutes Program</li> </ul>
Shelters (Serves all 8 Counties) <a href="http://www.homelesshelterdirectory.org">www.homelesshelterdirectory.org</a>	573-635-1975 Ext #6	927 Jefferson Street Jefferson City, MO 65105	<ul style="list-style-type: none"> <li>• Shelters located in Jefferson City, MO and Columbia, MO</li> </ul>
Steelville Resource Center <a href="http://www.dcoffices.org">www.dcoffices.org</a>	No Phone Calls	272 Cushing Road Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Staff Members Present who can Print, Hand Out, and Receive FSD Applications (Food Stamp Application, MO Health Net, etc.)</li> </ul>
Sullivan Emergency Fund (Must be in the Sullivan School District)	573-468-6068 573-205-8318 573-468-6847	No Physical Address	<ul style="list-style-type: none"> <li>• Assist with Eviction up to \$50.00</li> <li>• Assist with Utilities up to \$50.00</li> <li>• Assist with Propane up to \$50.00</li> </ul>
Women's Crisis Center (Under the Umbrella of Russell House)	573-775-5101	113 North 1st Street Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Court Advocacy</li> <li>• Support</li> <li>• Outreach</li> <li>• Safe at Home</li> <li>• Crime Victim Compensation</li> <li>• Abuser Program</li> </ul>
<b>Employment</b>			
Excel Temporary Services (Serves Crawford County Only) <a href="http://exceltemporary.com">exceltemporary.com</a>	573-885-0390	609 South West Main Street Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Job Services</li> </ul>
Friends Helping Friends <a href="http://friendshelpingfriendsmo.net">friendshelpingfriendsmo.net</a>	573-885-2423	412 North Franklin Street PO Box 646 Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Sheltered Workshop - Employment Opportunities for Individuals with Disabilities</li> </ul>
MERS/Missouri Goodwill Industries Senior Community Service Employment Program (Serves all 8 counties) <a href="http://mersgoodwill.org">mersgoodwill.org</a>	314-750-8594	514C Ft. Wyman Rd. Rolla MO 65401	<ul style="list-style-type: none"> <li>• Overcoming Barriers to Employment</li> <li>• Must be 55 or older</li> <li>• Meet 125% of poverty guidelines</li> <li>• 20 hours of pain employment training per week</li> </ul>

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<b>Employment</b>				
<b>Missouri Career Center</b> (Serves: Maries, Crawford, Phelps and Gasconade Counties) <a href="http://jobs.mo.gov">jobs.mo.gov</a>	573-578-5573	112 North Smith St. Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Employment and Training Services for Youth (14-21)</li> <li>• Adults (18+) &amp; Dislocated Workers</li> <li>• Job Listings</li> <li>• HiSET Monday, Tuesday, Thursday 9:00 a.m. - 12:00 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• Monday, Tuesday, Thursday and Friday 8:00 a.m. - 5:00 p.m.</li> <li>• Wednesday 9:00 a.m. - 5:00 p.m.</li> </ul>
<b>Preferred Employment Services</b> (Serves Pulaski, Crawford, Phelps, Gasconade, and Maries Counties) <a href="http://www.pfh.org">www.pfh.org</a>	573-341-2606	1208 Highway 72 Box 8 Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Job Searching</li> </ul>	
<b>Vocational Rehabilitation</b> (Serves Phelps, Maries, Pulaski, and Crawford Counties) <a href="http://dese.mo.gov/vocational-rehabilitation">dese.mo.gov/vocational-rehabilitation</a>	573-368-2366	1101 West Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Assists Individuals with Disabilities Reach an Employment Goal</li> </ul>	
<b>Health</b>				
A+ CDS, LLC	573-729-2100	PO Box 1000 1120 S. Main St. Salem, MO 65560	<ul style="list-style-type: none"> <li>• <b>Must have active Missouri Medicaid</b></li> <li>• Assistance with bathing/grooming/toileting</li> <li>• Equipment maintenance</li> </ul>	<ul style="list-style-type: none"> <li>• Meal preparation</li> <li>• Homemaker chores</li> <li>• Transportation</li> </ul>
<b>American Home Care</b> (Serves Maries, Phelps, Pulaski, Crawford and Gasconade Counties) <a href="http://www.americanhomecare.us">www.americanhomecare.us</a>	573-364-3610	1026 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Home Care</li> <li>• Personal Care</li> <li>• Errands</li> </ul>	<ul style="list-style-type: none"> <li>• Respite Care</li> <li>• Nursing</li> </ul>
<b>Children's Health Insurance Program (CHIP)</b> (Serves all 8 Counties) <a href="http://www.insurekidsnow.gov">www.insurekidsnow.gov</a>	573-775-2146	272 Cushing Road Steelville, MO 65565	<ul style="list-style-type: none"> <li>• CHIP provides low-cost health coverage to children and families that earn too much money to qualify for MEDICAID. In some states, CHIP covers parents and pregnant women. Works closely with Medicaid program. In many cases, if you qualify for MEDICAID, your children will qualify for either MEDICAID or CHIP.</li> </ul>	<ul style="list-style-type: none"> <li>• You can apply for Medicaid and CHIP two ways:                             <ol style="list-style-type: none"> <li>1. Fill out an application through the Health Insurance Marketplace. <a href="https://www.healthcare.gov/get-coverage/">https://www.healthcare.gov/get-coverage/</a></li> <li>2. You can apply directly to your state Medicaid agency.</li> </ol> </li> </ul>

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<b>Health</b>			
<p>CLAIM (State Health Insurance Assistance Program) (Serves all 8 Counties) <a href="http://www.missouricclaim.org">www.missouricclaim.org</a></p>	800-390-3330	1105 Lakeview Ave. Columbia, MO 65201	<ul style="list-style-type: none"> <li>• Answer Medicare Questions</li> <li>• Enrollment and Billing</li> <li>• Prescription Drug Plan</li> <li>• Long Term Care Planning and Insurance</li> <li>• Medigap and Supplemental Insurance</li> </ul> <ul style="list-style-type: none"> <li>• Medicare Advantage Plans</li> <li>• Public Benefits</li> <li>• Appeals and Grievances</li> <li>• Suspected Waste, Fraud and Abuse</li> </ul>
<p>Community Mental Health Liaison <a href="http://www.mocoalition.org">www.mocoalition.org</a></p>	573-634-4626	221 Metro Drive Jefferson City, MO 65109	<ul style="list-style-type: none"> <li>• Answer general questions about mental health</li> </ul> <ul style="list-style-type: none"> <li>• Facilitate access to behavioral health resources for existing clients.</li> </ul>
<p>Crawford County Health Department <a href="http://www.crawfordcountymo.net">www.crawfordcountymo.net</a></p>	573-775-2555	202 West Main Street Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Immunization</li> <li>• Lab Testing</li> <li>• STD &amp; TB Testing</li> <li>• Well Water Testing</li> <li>• WIC</li> </ul> <ul style="list-style-type: none"> <li>• CPR/ 1st Aid Course</li> <li>• Daycare Program</li> <li>• Food Handling Classes</li> <li>• Food and Hotel Inspections</li> </ul>
<p>Crider Health Clinic <a href="http://compasshealthnetwork.org">compasshealthnetwork.org</a></p>	636-584-0859	1780 Old Hwy 50E 102 Union, MO 63084	<ul style="list-style-type: none"> <li>• Medical</li> <li>• Pharmacy</li> </ul> <ul style="list-style-type: none"> <li>• Dental</li> <li>• Sliding Fee</li> <li>• Proof of Income</li> </ul>
<p>Dental Lifeline Network (Serves all 8 Counties) <a href="http://dentallifeline.org">dentallifeline.org</a></p>	573-636-4440	Statewide	<ul style="list-style-type: none"> <li>• For Disabled/Seniors/Medically Compromised</li> <li>• Fill Out Application and Mail, They will Call Back</li> </ul>
<p>Department of Mental Health (Serves all 8 Counties) <a href="http://dmh.mo.gov">dmh.mo.gov</a></p>	573-368-2200	105 Fairground Road Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Mental Health Services</li> </ul>
<p>Direct Primary Care Clinic (Serves all 8 Counties) <a href="http://www.dpcareclinics.com">www.dpcareclinics.com</a></p>	417-664-5054 573-933-0870	5780 Osage Beach Parkway Suite 215 Osage Beach, MO 65065	<ul style="list-style-type: none"> <li>• Membership gives you Unlimited Office Visits, Time with Physician, Unlimited Lab Draws, Nurse Visits, Same Day Appointments, Discounted Non-Emergent Home Visits</li> </ul> <ul style="list-style-type: none"> <li>• Offers Membership Plans for Individuals, Couples and Families</li> <li>• Check Web Site for Covered Procedures</li> </ul>



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<b>Health</b>			
<p>Four Rivers Health Center (Serves all 8 Counties) <a href="http://fourrivers.org">fourrivers.org</a></p>	573-426-4455	1081 East 18th Street Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Medication Management</li> <li>• Behavioral Care Resources</li> <li>• General Practice Health Care</li> <li>• Dental</li> <li>• Wellness Checks</li> <li>• Immunizations</li> <li>• Show Me Healthy Women</li> <li>• Physicals</li> </ul>
<p>Health Care for Reentry Veterans (HCRV) <a href="http://www.va.gov/homeless/reentry">www.va.gov/homeless/reentry</a></p>	479-443-4301 ext. 65209	1100 N. College Ave. Fayetteville, AR 72703	<p>This program provides support, information and resources to incarcerated Veterans and those interested in their well-being.</p> <ul style="list-style-type: none"> <li>• Substance Abuse Treatment</li> <li>• Medical Care</li> <li>• Homeless Resources</li> <li>• Mental Health Care</li> <li>• Transportation Resources</li> <li>• Work programs, Vocational training, and Educational Resources</li> </ul>
<p>Integrity Pharmacy <a href="http://integritypharmacy.com">integritypharmacy.com</a></p>	417-865-2900	509 S. Union Ave. Springfield, MO 65802	<ul style="list-style-type: none"> <li>• In-Home consultation by Nurse Specialist to review medications and explain program</li> <li>• Hassle free transfer of prescriptions to pharmacy</li> <li>• Labeled, dated and timed 30 day supply of medications / Pre-sorted packaging is available / delivery to your home with no delivery fees</li> <li>• No additional cost beyond your co-pays</li> <li>• Monthly follow up calls and pharmacist support</li> <li>• Access to Nurse Specialist as a resource as long as you are on program</li> </ul>
<p>Jordan Valley Community Health Center (Serves all 8 Counties) <a href="http://www.jordanvalley.org/">www.jordanvalley.org/</a></p>	417-334-8337	860 Lynn Street Lebanon, MO 65536	<ul style="list-style-type: none"> <li>• Accepts Sliding Fee, Medicare, Medicaid, Insurance</li> <li>• Vision</li> <li>• Dental</li> <li>• Medical</li> <li>• Behavioral Health</li> <li>• Dietitian</li> <li>• On Site Walgreens Pharmacy</li> <li>• Trudi's Kids: Mobile Units Services</li> <li>• Express Care Clinic</li> <li>• Women's Health and Our Healthy Start</li> </ul>
<p>Lifeline Pregnancy Care Center (Serves Crawford, Phelps and Gasconade Counties) <a href="http://lifelinepcc.com">lifelinepcc.com</a></p>	573-885-3040	1017 Westside Drive Cuba, MO 65453	<ul style="list-style-type: none"> <li>• All Services are Free</li> <li>• Pregnancy Test</li> <li>• Ultra Sound (Limited 1st Trimester Ultrasounds)</li> <li>• Care Counseling</li> <li>• Facts on Pregnancy and Fetal Development</li> <li>• Parenting Classes</li> <li>• Maternity/Baby Clothes</li> </ul>
<p>MOCOR Missouri Community Options &amp; Resources (Serves all 8 Counties) <a href="http://mocar.mo.gov">mocar.mo.gov</a></p>	855-834-8555		<ul style="list-style-type: none"> <li>• Elderly and Disabled Missourians connect with Agencies that can Help a Person to Continue to Live in their Home and Avoid Going into Nursing Home or Other Institution</li> </ul>

# Crawford County Resources

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Organization Name:	Phone	Address	Description
<b>Health</b>			
<p>Missouricare (must be enrolled in Medicaid) <a href="http://www.missouricare.com">www.missouricare.com</a></p>	<p>Missouricare 800-322-6027 Medicaid 800-348-6627</p>		<ul style="list-style-type: none"> <li>• Weight Watchers</li> <li>• Curves Complete</li> <li>• Enhanced Transportation</li> <li>• Peak Flow Meters</li> <li>• Boy Scouts</li> <li>• Boys &amp; Girls Clubs</li> <li>• Girl Scouts</li> <li>• 4-H Club</li> <li>• Vision Camp</li> <li>• Diabetes Camp</li> <li>• Childbirth &amp; Breastfeeding Classes</li> <li>• Baby Showers</li> <li>• Breast Pump</li> <li>• Maternity Program</li> <li>• Nurses for Newborns</li> <li>• Maternity Support Hose &amp; Support Belts</li> </ul>
<p>New Vision <a href="http://missouribaptistsullivan.org">missouribaptistsullivan.org</a></p>	573-463-1063	751 Sappington Bridge Road Sullivan, MO 63080	<ul style="list-style-type: none"> <li>• Inpatient medical Stabilization Service for Adults with Drug, Alcohol &amp; Related Health Issues</li> </ul>
<p>Partnership for Prescription Assistance (Serves all 8 Counties) <a href="http://www.pparx.org">www.pparx.org</a></p>	888-477-2669	No Physical Address	<ul style="list-style-type: none"> <li>• Get Free or Nearly Free Brand-Name Medicines for Low-income, Uninsured Patients</li> </ul>
<p>Pathways <a href="http://www.compasshealthnetwork.org">www.compasshealthnetwork.org</a></p>	573-885-1607	1019 Westside Drive Cuba, MO 65556	<ul style="list-style-type: none"> <li>• Crisis Intervention Counseling</li> <li>• Mental Health Issues</li> </ul>
<p>Pregnancy Help Center (Serves: Miller, Camden and Crawford Counties) <a href="http://pregnancyhelpcenters.com">pregnancyhelpcenters.com</a></p>	573-346-3337	747 North Business Hwy 5 Camdenton, MO 65020	<ul style="list-style-type: none"> <li>• Maternity House</li> </ul>
<p>Psychiatric Stress Center/Care Unit <a href="http://phelpshealth.org">phelpshealth.org</a></p>	573-341-2350	1000 W. 10th Street Rolla, MO 65401	<ul style="list-style-type: none"> <li>• Stress Management</li> <li>• Behavior Management</li> <li>• Anxiety Disorder</li> <li>• Psychiatric Assessment</li> <li>• Psychological evaluation</li> </ul>

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<b>Health</b>			
<p>Pyramid Home Health Services (Serves all 8 Counties) <a href="http://www.caring.com/senior-care/missouri">www.caring.com/senior-care/missouri</a></p>	<p>800-695-5791 Medical Transportation Management</p> <p>800-603-4825 In-Home/CDS</p> <p>800-690-1753 Home Health</p>	<p>In-Home/CDS Rolla, MO Call Center</p> <p>Home Health Mid-Missouri Call Center</p>	<ul style="list-style-type: none"> <li>• Medical Transportation Management</li> <li>• Care Transitions Management</li> <li>24/7X365 Clinician Availability</li> <li>Telemonitoring including weight, pulse oximeter, EKG, and blood pressure</li> <li>• In Home Services</li> <li>• Consumer Directed Services - Your Own Caregiver</li> <li>• Home Health Nursing, OT, PT, Home Health Aide, Wound Healing</li> <li>Dieticians, Home Infusion, Telemonitoring and Speech Therapy</li> </ul> <ul style="list-style-type: none"> <li>• Pharmacy</li> <li>In Home Visits to Identify all Medications in the Home</li> <li>Free Home Delivery</li> <li>• Free Multi-Dose Packaging</li> <li>Ensures the Right Medication is Taken at the Right Time</li> <li>Accepts Medicare/Medicaid/Insurances</li> <li>Call to check for Insurance Companies Coverage</li> </ul>
<p>Rolla Family Clinic (Serves all 8 Counties) <a href="http://www.rollafamilyclinic.com">www.rollafamilyclinic.com</a></p>	<p>573-426-5900</p>	<p>1060 South Bishop Rolla, MO 65401</p>	<ul style="list-style-type: none"> <li>• Walk In No Appointment</li> <li>• Hours Monday through Friday 9:00 a.m. - 9:00 p.m.</li> <li>• X-Rays and Ultrasounds</li> <li>• Laceration Repair</li> </ul> <ul style="list-style-type: none"> <li>• Immunizations</li> <li>• DOT Physicals</li> <li>• Any Illness or Injury</li> <li>• Cheaper and Faster than Emergency Room</li> </ul>
<p>RX Assist (Serves all 8 Counties) <a href="http://www.rxassist.org">www.rxassist.org</a></p>	<p>Web page only</p>	<p>No Physical Address</p>	<ul style="list-style-type: none"> <li>• Program that can help the Uninsured get Needed Prescriptions at Low Cost or for Free</li> </ul>
<p>Social Security Administration (Serves Phelps, Crawford, and Pulaski Counties) <a href="http://www.ssa.gov">www.ssa.gov</a></p>	<p>800-551-2056</p>	<p>1813 East 10th Street Rolla, MO 65401</p>	<ul style="list-style-type: none"> <li>• Retirement</li> <li>• Medicare Part D Application</li> </ul> <ul style="list-style-type: none"> <li>• Disability</li> <li>• Medicare and Social Security Cards</li> </ul>
<p>Southeast Missouri Behavioral Health <a href="http://semobh.org">semobh.org</a></p>	<p>573-364-8511</p>	<p>1051 Kingshighway #5 Rolla, MO 65401</p>	<ul style="list-style-type: none"> <li>• Treatment for chemical dependencies, emotional problems, psychiatric disorder &amp; other life crisis</li> </ul>
<p>The Community Partnership (Serves Gasconade, Crawford, Maries, Pulaski and Phelps Counties) <a href="http://thecommunitypartnership.org">thecommunitypartnership.org</a></p>	<p>573-368-2849</p>	<p>1101 Hauck Drive Rolla, MO 65401</p>	<ul style="list-style-type: none"> <li>• Young Parents</li> <li>• Capable Kids and Families</li> <li>• Independent Living</li> <li>• Early Care and Education</li> </ul> <ul style="list-style-type: none"> <li>• Linking Hearts Adoption Fair</li> <li>• Partnership Resale Shop</li> <li>• Linking Adoption - Yearly</li> <li>• Fostering Program</li> </ul>

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Organization Name:	Phone	Address	Description
<b>Housing</b>			
Cedar Crest Apartments (Low Rent)	573-885-3703	377 Cedar Street Bourbon, MO 65441	<ul style="list-style-type: none"> <li>Affordable Rental Housing</li> <li>16 Units</li> <li>1 &amp; 2 Bedrooms</li> <li>Income Based Assistance</li> </ul>
Cuba Apartments (Low Rent) <a href="http://necac.org">necac.org</a>	573-885-3703	300 Martin Street Cuba, MO 65453	<ul style="list-style-type: none"> <li>Affordable Rental Housing</li> <li>48 Units</li> <li>1 &amp; 2 Bedrooms</li> <li>Income Based Assistance</li> </ul>
Esther's House (Serves all 8 Counties)	573-646-3293	PO Box 984 Belle, MO 65013	<ul style="list-style-type: none"> <li>For Women ages 18 - 50, all Backgrounds</li> <li>Faith Based Residential Program</li> </ul> <ul style="list-style-type: none"> <li>Struggling with Controlling Issues such as Alcohol and Drug Addictions, Depression, Self-Harm and Aftermath of Physical and Sexual Abuse</li> </ul>
Geneva House (Serves all 8 Counties)	573-762-9931	180 Highway T Newburg, MO 65550	<ul style="list-style-type: none"> <li>Men Only Homeless Shelter</li> <li>Winter Months Only (October - April/May)</li> </ul>
Habitat for Humanity of Franklin County (serves Crawford County) <a href="http://www.franklincountymohavitat.org">www.franklincountymohavitat.org</a>	573-457-8380	PO Box 178 Union, MO 63084	
Hannah's Ranch (Cuba) Mission Gate Ministry <a href="http://missiongateminsty.org">missiongateminsty.org</a>	636-391-8832 314-800-7664	Admin. Office PO Box 6644 Chesterfield MO 63006	<ul style="list-style-type: none"> <li>For Women and Children</li> <li>Christ-centered home</li> </ul> <ul style="list-style-type: none"> <li>A substance-free environment for women to change their life through a whole-person approach - Spriritual, physical,emotional, financial and vocational.</li> </ul>
Lighthouse Mission (Serves All 8 Counties) <a href="http://www.lhministry.org">www.lhministry.org</a>	573-836-5332	20 Show Me Lane Camdenton, MO 65020	<ul style="list-style-type: none"> <li>Transitional Housing</li> <li>Recovery Support Services</li> <li>Reentry Coordination</li> </ul>

# Crawford County Resources

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Organization Name:	Phone	Address	Description
<b>Housing</b>			
Meramec Regional Planning Commission (Serves Crawford, Gasconade, Phelps and Maries Counties) <a href="http://www.meramecregion.org">www.meramecregion.org</a>	573-265-4200	4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> <li>• Low Rent Housing</li> <li>• HUD</li> </ul>
USDA Rural Development (Farm Service Agency Serves all 8 Counties) <a href="http://www.rd.usda.gov/mo">www.rd.usda.gov/mo</a>	573-364-1479	1050 East State Route 77 Suite 1 Rolla, MO 65401	<ul style="list-style-type: none"> <li>• 502 Housing Loan Program</li> <li>• 504 Repair Loans and Grants                             <ul style="list-style-type: none"> <li>- Home Repairs</li> <li>- ADA Accessible Issues (Ramps)</li> </ul> </li> </ul>
Wildwood Apartments (Low Rent)	573-885-3703	801 Frisco Street Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Affordable Rental Housing</li> <li>• 16 Units</li> </ul> <ul style="list-style-type: none"> <li>• 1 &amp; 2 Bedrooms</li> <li>• Income Based Assistance</li> </ul>
<b>Nutrition / Food Pantries</b>			
Bourbon Ecumenical Corp. (Serves Bourbon and Leasburg Area)	573-732-4888	319 West Pine Bourbon, MO 65441	<ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Saturday 9:00 a.m. - 12:00 p.m.</li> </ul>
Bourbon Senior Center <a href="http://agingbest.org">agingbest.org</a>	573-732-4268	575 East Elm Street Bourbon, MO 65441	<ul style="list-style-type: none"> <li>• Hot Nutritional Lunch</li> <li>• Congregate</li> <li>• Homebound Delivery</li> </ul> <ul style="list-style-type: none"> <li>• PTC Tax Assistance</li> <li>• Socialization &amp; Exercise Program</li> <li>• Nutrition Education</li> </ul>
Cuba Ministerial Alliance Food Pantry	573-885-6703	302 W. Spencer Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Food Thurs. 8:00am - 12:00pm</li> <li>• Thurs. 3:30pm - 6:00pm</li> <li>• Friday 8:00am - 12:00pm</li> </ul> <ul style="list-style-type: none"> <li>• CLOSED: 3rd Thursday Due to the City wide Meal at Lions Club 4:30 p.m. - 6:30 p.m.</li> </ul>
Cuba Senior Center <a href="http://agingbest.org">agingbest.org</a>	573-885-2922 573-885-2909	206 North Smith Street Cuba, MO 65453	<ul style="list-style-type: none"> <li>• Hot Nutritional Lunch</li> <li>• Congregate</li> <li>• Homebound Delivery</li> </ul> <ul style="list-style-type: none"> <li>• PTC Tax Assistance</li> <li>• Socialization &amp; Exercise Program</li> <li>• Nutrition Education</li> </ul>
Meramec Community Mission <a href="http://sullivanmission.org">sullivanmission.org</a>	573-468-5813	200 West Main Street Sullivan, MO 63080	<ul style="list-style-type: none"> <li>• Food Pantry Only Tuesdays 10:00 a.m. - 4:00 p.m.</li> <li>• USDA Food Commodities 1st &amp; 3rd Wednesdays</li> <li>• Mobile Market 4th Friday of every month 10am until food is gone</li> </ul>

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Organization Name:	Phone	Address	Description
<b>Nutrition / Food Pantries</b>			
Steelville Ministerial Alliance	573-259-6153	1392 Perkins Drive Steelville, MO 65565	<ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Utility Assistance</li> </ul>
<b>Transportation</b>			
Ability Express LLC	573-677-5006	571 Dotson Road Cuba, MO 65453	
DAV Dispatch <a href="http://www.dav.org">www.dav.org</a>	573-885-1390 Charles Collier	Cuba MO	<ul style="list-style-type: none"> <li>• Transportation for Clients with VA benefits</li> </ul>
Logisticare (Serves all 8 Counties) <a href="http://www.logisticare.com">www.logisticare.com</a>	866-269-5927	Call Center in St. Louis, MO	<ul style="list-style-type: none"> <li>• Free if Client has Medicaid. Only for Medical Appointments</li> <li>• Must Give 5 Day Notice</li> <li>• Provide Pick-up Address</li> <li>• Provide Drop Off Address</li> <li>• Name of Health Care Provider</li> </ul> <ul style="list-style-type: none"> <li>• Provide Time of Appointment</li> <li>• Provide Medicaid Number</li> <li>• Can Request SKT Transportation</li> <li>• Monday - Friday 8:00 a.m. - 5:00 p.m.</li> </ul>
MO Rides - Meramec (Serves all 8 Counties) <a href="http://morides.org">morides.org</a>	573-265-2993	Meramec Regional Planning Commission 4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> <li>• Works with Existing Transportation Providers</li> <li>• Will Arrange Transportation Throughout the Service Area</li> <li>• Clients calls MO Rides for the cost of the trip (if any) then pays Transportation Company of their Choice for Ride</li> </ul> <ul style="list-style-type: none"> <li>• Transportation for: Ride to Work, Medical Appointments, Shopping, Church or Anywhere Client Wishes</li> </ul>
MTM - Medical Transportation Management, Inc. <a href="http://www.mtm-inc.net">www.mtm-inc.net</a>	636-561-5686		<ul style="list-style-type: none"> <li>• Medicaid patients</li> <li>• Non-emergency medical transport</li> <li>• Call to verify your coverage</li> </ul>
Phelps Health - Courtesy Van <a href="http://phelpshealth.org">phelpshealth.org</a>	573-341-8278 or 573-458-7962		<ul style="list-style-type: none"> <li>• Non-emergency medical transport for riders within a 30 mile radius of Rolla</li> <li>• 4 day prior notice is recommended</li> </ul>

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Organization Name:	Phone	Address	Description
<b>Transportation</b>			
<p style="text-align: center;"><b>Saferide</b> (Serves all 8 counties) <a href="http://www.saferidesllc.com">www.saferidesllc.com</a></p>	866-269-5927	No Physical Address	<ul style="list-style-type: none"> <li>• Call to make an appointment</li> <li>• Must have medicaid</li> </ul>
<p><b>Southeast Missouri Transportation Service</b> (Serves Phelps and Crawford Counties) <a href="http://www.ridesmts.org">www.ridesmts.org</a></p>	573-775-2793 Steelville 573-885-2909 Cuba		<ul style="list-style-type: none"> <li>• Transportation Schedules on Web page</li> <li>• Call Monday - Friday 8:00 a.m. to 11:00 a.m.</li> <li>• Transportation Services Runs Between 9:00 a.m. - 2:00 p.m.</li> <li>• Cost based on locations</li> </ul> <ul style="list-style-type: none"> <li>• Medical Appointments take Precedence over all Other Trips</li> <li>• Long Distance Medical Service MUST be scheduled at least two days in Advance &amp; Must Have at Least 3 Riders to Make the Trip</li> </ul>