

Crawford County Resources

MOCA's vision is to be a catalyst for social and economic prosperity by being a vital, progressive and proactive partner in all our communities.

Organization Name:	Phone	Address	Description
General			
AT&T ACCESS (Serves all 8 Counties)	None	www.att.com/access	<ul style="list-style-type: none"> • Pay Bills Online • Access Online Courses • Conduct Research for Homework Assignments • Search for Jobs
Central Missouri Area Agency on Aging (Serves all 8 Counties)	573-433-5823 800-369-5211	1121 Business Loop 70 East Suite 2A Columbia, MO 65201	<ul style="list-style-type: none"> • Transportation • Caregiver Support • Care Coordination • Consumer Counseling • Medicare • ACA Health Insurance • Information and Assistance • Respite Care • Senior Centers • Meals on Wheels • Noon Senior Lunch
Children's Advocacy Center of East Central Missouri (Serves Crawford and Gasconade Counties)	636-586-1806	14 South Washington Avenue Union, MO 63084	<ul style="list-style-type: none"> • Forensic Interviews • Advocacy • Referrals and Training • Training and Coordination • Case Review/Case Tracking • Community Awareness and Education • Medical Examinations
Disabled Citizens Alliance (DCAI)	573-244-3315	8 Missouri Avenue PO Box 675 Viburnum, MO 65566	<ul style="list-style-type: none"> • Independent Living Services • Education • Referral • Consumer Directed Services • Emergency Food • GED HiSET Services Monday - Thursday 1:00 p.m. - 3:00 p.m. • If disabled, DCAI will go out and see them to Provide GED Classes (Disabled can be a learning disability or physical disability)
Heartland Independent Living Center	573-437-5100 Ext. 105	1010 West Highway 28 Owensville, MO 65066	<ul style="list-style-type: none"> • Program & Services for People with Disabilities that will Assist them in Achieving or Maintaining an Independent Living Environment
Missouri Ozarks Community Action (MOCA) (Serves all 8 Counties)	573-765-3263 800-876-3264	306 South Pine Street Richland, MO 65556	<ul style="list-style-type: none"> • LiHEAP • Weatherization • HUD and Section 8 Housing • Life Skills Classes • Auto Repair Program • Getting Ahead • Youth Classes - R Rules • Certification Support • Computer Training • Disaster Preparedness • Poverty Simulations • Step Up to Leadership • Building Strong Families • Tackling the Tough Skills • Community Gardens • Pre-Weatherization • Health and Wellness • Community Outreach Support Program
Red Cross (Serves Camden, Maries, Miller, Gasconade, Pulaski, Phelps and Crawford Counties)	573-635-1132	431 East McCarty Jefferson City, MO 65101	<ul style="list-style-type: none"> • Disaster Relief • CPR, First Aid, Lifeguard Training • Shelter • Food • Mental Health Services

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General			
Rehabilitation Services for the Blind Office St. Louis South Region (Serves Crawford County)	800-592-6004 Option 6	3867 Magnolia Avenue St. Louis, MO 63110	<ul style="list-style-type: none"> • Assessment of Barriers to Employment • Vocational Guidance and Counseling • Physical and Mental Health Services • Specialized Training to Enable the Individual to Function Independently and Safely in the Home and Community <ul style="list-style-type: none"> • Vocational Training and/or College Attendance • Employment-related Tools and Equipment • Specialized Assistive Aids and Devices • Job Placement and Follow-up • Vocationally-related Services for High School Students
The Patient Advocate Foundation (Serves all 8 Counties)	800-532-5274	Headquarters Hampton, VA 23666	<ul style="list-style-type: none"> • Provides Access to Health Care • Free Prescription Medicines • Other Medical Assistance Case Management (One on One) to Resolve Healthcare Issues <p>Call to see if eligible for this Program</p> <ul style="list-style-type: none"> • Financial Aid Fund - Provides Small Grants Must Meet Financial and Medical Criteria. First Come, First Served. • Co Pay Relief Program - Help with Cost of Pharmaceutical and Medications and Treatments
University of Missouri Extension in Crawford County	573-775-2135	302 North Main Street Steelville, MO 65565	<ul style="list-style-type: none"> • Community Gardening • Continuing Education • Home Gardening Assistance/Supplies <ul style="list-style-type: none"> • Nutrition Education • Parenting Skills Classes
Education			
Crawford County Head Start	573-885-2696	100 Hood Park Drive Cuba, MO 65453	<ul style="list-style-type: none"> • Head Start Offers Part Day/Part Year Programs • Children Must be Three Years Old by July 31st to Apply for the Upcoming School Year <ul style="list-style-type: none"> • Transportation Assistance is Available for Most Children
ParentLink WarmLine (Serves all 8 Counties)	573-882-7321 800-552-8522	4800 Santana Circle Columbia, MO 65201	<ul style="list-style-type: none"> • Direct Access to Family Strengthening Information and Support (Visit with Professionals who can Assist in thinking through Solutions to your Parenting Concerns. Have Professionals with Masters Degrees in Human Service Fields and Counseling Psychology). <ul style="list-style-type: none"> • WarmLine Available Monday through Friday 8:00 a.m. to 10:00 p.m. Saturday and Sunday 12:00 p.m. to 5:00 p.m.
Presbyterian Church HiSET	573-719-1323	701 Northwest Main Street Cuba, MO 65453	<ul style="list-style-type: none"> • Free HiSET Tutoring Monday and Wednesdays 5:00 p.m. - 8:00 p.m.
Emergency			
Bourbon Christian Pantry & Thrift Store (Serves Bourbon and Leasburg Area)	573-732-4888	PO Box 1031 315 West Pine Bourbon, MO 65441	<ul style="list-style-type: none"> • Food Pantry Saturday 9:00 a.m. - 12:00 p.m. • Gas & Motel Vouchers - Must go through the Police Department <ul style="list-style-type: none"> • Utility & Rent Assistance Once every 8 months. Bring Bills or Proof of Address

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Organization Name:	Phone	Address	Description
Emergency			
Bourbon Ministerial Alliance	573-732-9956	109 Pine Street Bourbon, MO 65441	<ul style="list-style-type: none"> • Utility Assistance • Medicine • Gas
Bourbon Ecumenical Community Corporation (Must be in the Bourbon and Leasburg School District)	573-732-4888	Physical Address: 319 East Pine Bourbon, MO 65441 Mailing Address: PO Box 1031 Bourbon, MO 65441	<ul style="list-style-type: none"> • Food Bank Every Saturday 9:00 a.m. - 12:00 p.m. • Emergency Electric • Emergency Water • Emergency Rent • Emergency Propane • Gas Money <ul style="list-style-type: none"> • Prescription Drugs Maximum \$50.00 One Time • Bourbon Police Department Provides Motel for Homeless • Bourbon Police Department Provides Gas Vouchers Limited to \$35.00
Crawford Electric Charitable Trust <u>(NOT UTILITIES ASSISTANCE)</u> (Serves Phelps, Gasconade and Crawford Counties)	800-677-2667	10301 North Service Road Bourbon, MO 65441	<p>Charitable Trust Assists with Basic Needs</p> <ul style="list-style-type: none"> • Food • Shelter • Clothing • Health Care <p>• CHARITABLE TRUST DOES NOT PAY POWER BILLS.</p> <p>• <u>MUST HAVE SERVICE WITH CRAWFORD ELECTRIC</u></p>
Crawford Electric Operation Roundup (Must be a Crawford Electric Customer)	800-677-2667	10301 North Service Road Bourbon, MO 65441	<ul style="list-style-type: none"> • Must Fill Out Application for Utility Assistance • One Time Assistance • Emergency Service (Board Meets Once a Month to Review)
Crisis Pregnancy Center (Serves Miller, Camden and Crawford Counties)	573-374-1144	148 Elks Lane Laurie, MO 65038 747 North Business Hwy 5 Camdenton, MO 65020	<ul style="list-style-type: none"> • Maternity House
Cuba Ministerial Alliance Food Pantry	573-885-6703	412 North Franklin Building A Cuba, MO 65453	<ul style="list-style-type: none"> • Food 8:00 a.m. - 12:00 p.m. every Wednesday & Thursday • Utilities • Medicine • Clothes • Gas • Thrift Shop <ul style="list-style-type: none"> • Fire Help (furniture if have) • Baby Items • Commodities • 3rd Thursday- Free City wide Meal at Lions Club- 4:30 p.m. - 6:30 p.m.
Eagle Flight Ministries	573-775-4664 573-775-3455	109 North 1st Street PO Box 156 Steelville, MO 65565	<ul style="list-style-type: none"> • Emergency Clothing • Emergency Food • Utilities- When Funding is Available <ul style="list-style-type: none"> • Transportation- When Available

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Emergency			
Family Support Division	573-368-1348 573-775-2146	272 Cushing Road PO Box 310 Steelville, MO 65565	<ul style="list-style-type: none"> • Food Stamps/SNAP Applications • Medicaid • TANF • Blind Pension • Child Care Expense Assistance • TANF/Medicaid/SNAP Appeals • Qualified Medicare Beneficiary • Specified Low-Income Medicare Beneficiary • Government Subsidized Prescription Drug Benefits
Leasburg Ministerial Alliance	573-732-9956	6235 Highway H Leasburg, MO 65535	<ul style="list-style-type: none"> • Utility Assistance • Medicine • Gas • Food Pantry • Firewood (No Propane, No Rent)
Legal Aid of Southern Missouri (Serves Crawford, Gasconade, Laclede, Maries, Phelps, and Pulaski Counties)	1-800-444-4863	809 North Campbell Avenue Springfield, MO 65802	<ul style="list-style-type: none"> • Family Law • Debt • Bankruptcy • Domestic Violence and Orders of Protection • Elder Law • Veterans Assistance • Employment Law • Landlord/Tenant Law
Meramec Community Mission (Serves the Sullivan School District)	573-468-5813	200 West Main Street Sullivan, MO 63080	<ul style="list-style-type: none"> • Food Pantry Only Tuesdays 10:00 a.m. - 4:00 p.m. • USDA Food Commodities 1st & 3rd Wednesdays • Meramec Food Pantry 4th Friday Mobile Market
Phelps County Family Crisis Services, Inc. (Serves Crawford, Maries and Phelps Counties)	573-364-0579 573-201-4102 Vienna 573-364-0222 Phelps Hotline	PO Box 2259 Rolla, MO 65402	<ul style="list-style-type: none"> • Domestic Violence Resource • Battered Intervention Groups • Court/Legal Advocacy • Economic Education and Advocacy • Professional Therapy for Individual Children and Individual Women • Local Transportation • Motel Placement • Hospital, Medical, Law Enforcement Advocacy • Primary Prevention • Support Groups for Children and Women • Safe at Home Application Assistance • Shelter • Structured Program for Children
Russell House Phelps County Family Crisis Service (Serves Crawford and Phelps Counties)	573-364-0579 573-364-0222 Hotline 800-998-8340 Hotline	PO Box 2259 Rolla, MO 65401	<ul style="list-style-type: none"> • Domestic Violence (DM) Shelters • DM Intervention Programs • Crime Victim Support • Parenting Skills Classes • Life Skills Education • Abuse/Violence Support Groups • In Person Crisis Intervention • Legal Services
SAFELINK (Serves all 8 Counties)	888-572-7931	PO Box 220009 Milwaukie, OR 97269-0009	<ul style="list-style-type: none"> • Free Cell Phone and Minutes Program
Shelters (Serves all 8 Counties)	573-635-1975 Ext #6	927 Jefferson Street Jefferson City, MO 65105	<ul style="list-style-type: none"> • Shelters located in Jefferson City, MO and Columbia, MO
Steelville Ministerial Alliance	573-259-6153	1392 Perkins Drive Steelville, MO 65565	<ul style="list-style-type: none"> • Food Pantry • Utility Assistance

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Emergency			
Steelville Resource Center	No Phone Calls	272 Cushing Road Steelville, MO 65565	• Staff Members Present who can Print, Hand Out, and Receive FSD Applications (Food Stamp Application, MO Health Net, etc.)
Sullivan Emergency Fund (Must be in the Sullivan School District)	573-468-6068 573-205-8318 573-468-6847	No Physical Address	• Assist with Eviction up to \$50.00 • Assist with Utilities up to \$50.00 • Assist with Propane up to \$50.00
Vocational Rehabilitation (Serves Phelps, Maries, Pulaski, & Crawford Counties)	573-368-2366	1101 West Kingshighway Rolla, MO 65401	• Assists Individuals with Disabilities Reach an Employment Goal
Women's Crisis Center (Under the Umbrella of Russell House)	573-775-5101	113 North 1st Street Steelville, MO 65565	<ul style="list-style-type: none"> • Court Advocacy • Support • Outreach <ul style="list-style-type: none"> • Safe at Home • Crime Victim Compensation • Abuser Program
Employment			
Excel Temporary Services (Serves Crawford County Only)	573-885-0390	609 South West Main Street Cuba, MO 65453	• Job Services
Friends Helping Friends	573-885-2423	412 North Franklin Street PO Box 646 Cuba, MO 65453	• Sheltered Workshop - Employment Opportunities for Individuals with Disabilities
MERS/Goodwill (Serves Crawford, Gasconade, Maries, Camden and Phelps Counties)	573-364-0428	514 B Route Wyman Road Rolla, MO 65401	<ul style="list-style-type: none"> • Overcoming Barriers to Employment • Job Readiness • Job Development <ul style="list-style-type: none"> • Going Back to School • Volunteering • Vocational Assessment
Missouri Career Center (Serves Maries, Crawford, Phelps and Gasconade Counties)	573-364-7030	706 South Bishop Rolla, MO 65401	<ul style="list-style-type: none"> • Employment and Training Services for Youth (14-21) Adults (18+) & Dislocated Workers • Job Listings • HiSET Monday, Tuesday, Thursday 9:00 a.m. - 12:00 p.m. <ul style="list-style-type: none"> • Monday, Tuesday, Thursday and Friday 8:00 a.m. - 5:00 p.m. • Wednesday 9:00 a.m. - 5:00 p.m.
Preferred Employment Services (Serves Pulaski, Crawford, Phelps, Gasconade, and Maries Counties)	573-341-2606	1208 Highway 72 Box 8 Rolla, MO 65401	• Job Searching
Vocational Rehabilitation (Serves Phelps, Maries, Pulaski, & Crawford Counties)	573-368-2366	1101 West Kingshighway Rolla, MO 65401	• Assists Individuals with Disabilities Reach an Employment Goal

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Health				
American Home Care (Serves Maries, Phelps, Pulaski, Crawford and Gasconade Counties)	573-364-3610	1026 Kingshighway Rolla, MO 65401	<ul style="list-style-type: none"> • Home Care • Personal Care • Errands 	<ul style="list-style-type: none"> • Respite Care • Nursing
Children's Health Insurance Program (CHIP) (Serves all 8 Counties)	573-775-2146	272 Cushing Road Steelville, MO 65565	<ul style="list-style-type: none"> • CHIP provides low-cost health coverage to children and families that earn too much money to qualify for MEDICAID. In some states, CHIP covers parents and pregnant women. Works closely with Medicaid program. In many cases, if you qualify for MEDICAID, your children will qualify for either MEDICAID or CHIP. 	<ul style="list-style-type: none"> • You can apply for Medicaid and CHIP two ways: <ol style="list-style-type: none"> 1. Fill out an application through the Health Insurance Marketplace. https://www.healthcare.gov/get-coverage/ 2. You can apply directly to your state Medicaid agency.
CLAIM (State Health Insurance Assistance Program) (Serves all 8 Counties)	800-390-3330	200 North Keene Street Suite 101 Columbia, MO 65201	<ul style="list-style-type: none"> • Answer Medicare Questions • Enrollment and Billing • Prescription Drug Plan • Long Term Care Planning and Insurance • Medigap and Supplemental Insurance 	<ul style="list-style-type: none"> • Medicare Advantage Plans • Public Benefits • Appeals and Grievances • Suspected Waste, Fraud and Abuse
Crawford County Health Department	573-775-2555	202 West Main Street Steelville, MO 65565	<ul style="list-style-type: none"> • Immunization • Lab Testing • STD & TB Testing • Well Water Testing • WIC 	<ul style="list-style-type: none"> • CPR/ 1st Aid Course • Daycare Program • Food Handling Classes • Food and Hotel Inspections
Crider Health Clinic	636-584-0859	1780 Old Hwy 50E 102 Union, MO 63084	<ul style="list-style-type: none"> • Medical • Pharmacy 	<ul style="list-style-type: none"> • Dental • Sliding Fee • Proof of Income
Dental Lifeline Network (Serves all 8 Counties)	573-636-4440	Statewide	<ul style="list-style-type: none"> • For Disabled/Seniors/Medically Compromised • Fill Out Application and Mail, They will Call Back 	
Department of Mental Health (Serves all 8 Counties)	573-368-2200	105 Fairground Road Rolla, MO 65401	<ul style="list-style-type: none"> • Mental Health Services 	
Direct Primary Care Clinic (Serves all 8 Counties)	417-664-5054 573-933-0870 dpcareclinics.com	5780 Osage Beach Parkway Suite 215 Osage Beach, MO 65065	<ul style="list-style-type: none"> • Membership gives you Unlimited Office Visits, Time with Physician, Unlimited Lab Draws, Nurse Visits, Same Day Appointments, Discounted Non-Emergent Home Visits 	<ul style="list-style-type: none"> • Offers Membership Plans for Individuals, Couples and Families • Check Web Site for Covered Procedures

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Organization Name:	Phone	Address	Description
Health			
Jordan Valley Community Health Center (Serves all 8 Counties)	417-334-8337	1216 Deadra Drive Lebanon, MO 65536	<ul style="list-style-type: none"> • Accepts Sliding Fee, Medicare, Medicaid, Insurance • Vision • Dental • Medical • Behavioral Health <ul style="list-style-type: none"> • Dietitian • On Site Walgreens Pharmacy • Trudi's Kids: Mobile Units Services • Express Care Clinic • Women's Health and Our Healthy Start
Lifeline Pregnancy Care Center (Serves Crawford, Phelps and Gasconade Counties)	573-885-3040	1017 Westside Drive Cuba, MO 65453	<ul style="list-style-type: none"> • All Services are Free • Pregnancy Test • Ultra Sound (Limited 1st Trimester Ultrasounds) • Care Counseling <ul style="list-style-type: none"> • Facts on Pregnancy and Fetal Development • Parenting Classes • Maternity/Baby Clothes
MOCOR Missouri Community Options & Resources (Serves all 8 Counties)	855-834-8555	http://mocor.mo.gov	<ul style="list-style-type: none"> • Elderly and Disabled Missourians connect with Agencies that can Help a Person to Continue to Live in their Home and Avoid Going into Nursing Home or Other Institution
New Vision	573-463-1063	751 Sappington Bridge Road Sullivan, MO 63080	<ul style="list-style-type: none"> • Inpatient medical Stabilization Service for Adults with Drug, Alcohol & Related Health Issues
Partnership for Prescription Assistance (Serves all 8 Counties)	www.pparx.org 888-477-2669	No Physical Address	<ul style="list-style-type: none"> • Get Free or Nearly Free Brand-Name Medicines for Low-income, Uninsured Patients
Pathways (Serves Phelps, Miller, Crawford, Gasconade, and Laclede Counties)	573-885-1607	1019 Westside Drive Cuba, MO 65556	<ul style="list-style-type: none"> • Crisis Intervention Counseling • Mental Health Issues
Pyramid Home Health Services (Serves all 8 Counties)	800-695-5791 Medical Transportation Management 800-603-4825 In-Home/CDS 800-690-1753 Home Health	In-Home/CDS Rolla, MO Call Center Home Health Mid-Missouri Call Center	<ul style="list-style-type: none"> • Medical Transportation Management • Care Transitions Management 24/7X365 Clinician Availability Telemonitoring including weight, pulse oximeter, EKG, and blood pressure • In Home Services • Consumer Directed Services - Your Own Caregiver • Home Health Nursing, OT, PT, Home Health Aide, Wound Healing Dieticians, Home Infusion, Telemonitoring and Speech Therapy <ul style="list-style-type: none"> • Pharmacy In Home Visits to Identify all Medications in the Home Free Home Delivery • Free Multi-Dose Packaging Ensures the Right Medication is Taken at the Right Time <p>Accepts Medicare/Medicaid/Insurances Call to check for Insurance Companies Coverage</p>

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Health			
Rolla Family Clinic (Serves all 8 Counties)	573-426-5900	1060 South Bishop Rolla, MO 65401 www.rollafamilyclinic.com	<ul style="list-style-type: none"> • Walk In No Appointment • Hours Monday through Friday 9:00 a.m. - 9:00 p.m. • X-Rays and Ultrasounds • Laceration Repair • Immunizations • DOT Physicals • Any Illness or Injury • Cheaper and Faster than Emergency Room
RX Aid Prescription Assistance (Serves all 8 Counties)	877-610-9360	No Physical Address	<ul style="list-style-type: none"> • Program that can help the Uninsured get Needed Prescriptions at Low Cost or for Free
RX Relief (Serves all 8 Counties)	800-776-0760	No Physical Address	<ul style="list-style-type: none"> • Save up to 75% on Prescription Drugs
Social Security Administration (Serves Phelps, Crawford, Camden and Pulaski Counties)	800-551-2056	1813 East 10th Street Rolla, MO 65401	<ul style="list-style-type: none"> • Retirement • Medicare Part D Application • Disability • Medicare and Social Security Cards
The Community Partnership (Serves Gasconade, Crawford, Maries, Pulaski and Phelps Counties)	573-368-2849	1101 Hauck Drive Rolla, MO 65401	<ul style="list-style-type: none"> • Young Parents • Capable Kids and Families • Independent Living • Early Care and Education • Linking Hearts Adoption Fair • Partnership Resale Shop • Linking Adoption - Yearly • Fostering Program
Your Community Health Center (Serves all 8 Counties)	573-426-4455	1050 West 10th Street Suite 480 Rolla, MO 65401	<ul style="list-style-type: none"> • Medication Management • Behavioral Care Resources • General Practice Health Care • Wellness Checks • Immunizations • Show Me Healthy Women • Physicals
Housing			
Cedar Crest Apartments (Low Rent)	573-885-3703	377 Cedar Street Bourbon, MO 65441	<ul style="list-style-type: none"> • Affordable Rental Housing • 16 Units • 1 & 2 Bedrooms • Income Based Assistance
Cuba Apartments (Low Rent)	573-885-3703	300 Martin Street Cuba, MO 65453	<ul style="list-style-type: none"> • Affordable Rental Housing • 48 Units • 1 & 2 Bedrooms • Income Based Assistance
Esther's House (Serves all 8 Counties)	573-263-1939	PO Box 984 Belle, MO 65013	<ul style="list-style-type: none"> • For Women ages 18 - 50, all Backgrounds • Faith Based Residential Program • Struggling with Controlling Issues such as Alcohol and Drug Addictions, Depression, Self-Harm and Aftermath of Physical and Sexual Abuse
Geneva House (Serves all 8 Counties)	573-762-9931	180 Highway T Newburg, MO 65550	<ul style="list-style-type: none"> • Men Only Homeless Shelter • Winter Months Only (October - April/May)

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Organization Name:	Phone	Address	Description
Housing			
Habitat for Humanity of Franklin County (serves Crawford County)	573-457-8380	PO Box 178 Union, MO 63084	
Hannah's Ranch (Cuba) Mission Gate Ministry	636-391-8832 314-800-7664	Admin. Office PO Box 6644 Chesterfield MO 63006	<ul style="list-style-type: none"> • For Women and Children • Christ-centered home <p>• A substance-free environment for women to change their life through a whole-person approach - Spriritual, physical,emotional, financial and vocational.</p>
Lighthouse Mission (Serves All 8 Counties)	573-836-5332	20 Show Me Lane Camdenton, MO 65020	<ul style="list-style-type: none"> • Transitional Housing • Recovery Support Services • Reentry Coordination
Meramec Regional Planning Commission (Serves Crawford, Gasconade, Phelps and Maries Counties)	573-265-4200	4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> • Low Rent Housing • HUD
USDA Rural Development (Farm Service Agency Serves all 8 Counties)	573-364-1479	1050 East State Route 77 Suite 1 Rolla, MO 65401	<ul style="list-style-type: none"> • 502 Housing Loan Program • 504 Repair Loans and Grants <ul style="list-style-type: none"> - Home Repairs - ADA Accessible Issues (Ramps)
Wildwood Apartments (Low Rent)	573-885-3703	801 Frisco Street Steelville, MO 65565	<ul style="list-style-type: none"> • Affordable Rental Housing • 16 Units <ul style="list-style-type: none"> • 1 & 2 Bedrooms • Income Based Assistance
Nutrition			
Bourbon Senior Center	573-732-4268	575 East Elm Street PO Box 104 Bourbon, MO 65441	<ul style="list-style-type: none"> • Hot Nutritional Lunch • Congregate • Homebound Delivery <ul style="list-style-type: none"> • PTC Tax Assistance • Socialization & Exercise Program • Nutrition Education
Cuba Senior Center	573-885-2922 573-885-2909	206 North Smith Street Cuba, MO 65453	<ul style="list-style-type: none"> • Hot Nutritional Lunch • Congregate • Homebound Delivery <ul style="list-style-type: none"> • PTC Tax Assistance • Socialization & Exercise Program • Nutrition Education
Metamorphosis Outreach and Empowerment Center (MOEC) (Serves all 8 Counties)	573-336-2266	1018 Missouri Avenue Suite 7 St. Robert, MO 65584	<ul style="list-style-type: none"> • Washer and Dryer onsite for use • Food Pantry <ul style="list-style-type: none"> • Community Outreach Meal First Sunday of Month 12:00 p.m. - 2:00 p.m. The Spice Café 690 Mo Avenue, St. Robert, MO

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Transportation			
DAV Dispatch	573-885-1390 Charles Collier	Cuba MO	•Transportation for Clients with VA benefits
Logisticare (Serves all 8 Counties) Monday - Friday 8:00 a.m. - 5:00 p.m.	866-269-5927	Call Center in St. Louis, MO	<ul style="list-style-type: none"> • Free if Client has Medicaid. • Only for Medical Appointments • Must Give 5 Day Notice • Provide Pick-up Address • Provide Drop Off Address • Name of Health Care Provider <ul style="list-style-type: none"> • Provide Time of Appointment • Provide Medicaid Number • Can Request SKT Transportation
MO Rides - Meramec (Serves all 8 Counties)	573-265-2993	Meramec Regional Planning Commission 4 Industrial Drive St. James, MO 65559	<ul style="list-style-type: none"> • Works with Existing Transportation Providers • Will Arrange Transportation Throughout the Service Area • Clients calls MO Rides for the cost of the trip (if any) then pays Transportation Company of their Choice for Ride <ul style="list-style-type: none"> • Transportation for: Ride to Work, Medical Appointments, Shopping, Church or Anywhere Client Wishes
MOVANS (Serves all 8 Counties)	866-5-MOVANS (866-566-8267)	PO Box 749 Jefferson City, MO 65102-0749	<ul style="list-style-type: none"> • Register by calling MOVANS • Three Types of Registration: Custody, Court and Order of Protection <ul style="list-style-type: none"> • Have Offender's ID or Case Number • Write Down 4 Digit PIN and Keep with Them
SKT Transportation, LLC. (Serves all 8 Counties)	573-280-6104	Iberia, MO 65486	<ul style="list-style-type: none"> • Transportation for Medical Appointments. If Client does not have Medicaid, there will be a Fee.
Southeast Missouri Transportation Service (Serves Phelps and Crawford Counties)	573-775-2793 Steelville 573-885-2909 Cuba	www.ridesmts.org	<ul style="list-style-type: none"> • Transportation Schedules on Web page • Call Monday - Friday 8:00 a.m. to 11:00 a.m. • Transportation Services Runs Between 9:00 a.m. - 2:00 p.m. • Cost based on locations <ul style="list-style-type: none"> • Medical Appointments take Precedence over all Other Trips • Long Distance Medical Service MUST be scheduled at least two days in Advance & Must Have at Least 3 Riders to Make the Trip